



See the Informed Choice logo on the product label.

Informed Choice® is a quality assurance program that certifies that all nutritional supplements that bear the Informed Choice logo have been regularly tested for banned substances by the world class sports anti-doping lab, LGC.

AMOUNTS PER SERVING

PROTEIN	CALORIES	CARBS	FAT	SUGAR	BCAAs	LEUCINE
52g	1310	252g	11g	28g	10.7g	5.1g

SUPER MASS GAINER IS FORMULATED FOR ONE THING: MASSIVE GAINS.

TAKE THE GUESSWORK OUT OF CALORIE INTAKE.

Gaining muscle mass and size can be very challenging, especially when you have a fast metabolism or find it difficult to consume enough calories and protein during the day. Super Mass Gainer is a high-quality mass and size gainer that is loaded with enough protein, BCAAs, calories, and other nutrients to help even the hardest gainers pack on mass and size. Unlike many other mass gainers out there, Super Mass Gainer also tastes delicious and has amazing mixability!

Super Mass Gainer is a powerhouse combination of 10.7 grams of BCAAs with 5.1 grams of Leucine and 1 gram of Creatine Monohydrate. Super Mass Gainer also has a blend of vitamins and minerals to aid in balanced nutrition.

RESEARCH & DEVELOPMENT

Dymatize® protein formulas are based on the latest science and have been tested in university studies and at elite training facilities. Dymatize protein powders are always manufactured in GMP Certified facilities, meaning that all ingredients and final products are rigorously tested and validated clean and safe. They are banned substance tested for athlete's reassurance by Informed Choice® (www.informed-choice.com).

Known worldwide for quality, taste and purity, Super Mass Gainer is made from high-quality ingredients and is produced to our highest quality standards.

Available in several delicious flavors, Super Mass Gainer is the perfect support for the most intense resistance training goals.

COOKIES & CREAM
naturally and artificially flavored



GET  DYMATIZED



Dymatize®

NET WT 6 LB (2.7 kg)

SOLD BY WEIGHT NOT VOLUME

CALORIES
1310

PROTEIN
52g

CARBS
252g



BANNED
SUBSTANCE
TESTED

SUPER MASS GAINER™

HIGH PROTEIN & CARB BLEND
DIETARY SUPPLEMENT
8 SERVINGS



COOKIES & CREAM
naturally and artificially flavored

Supplement Facts

Serving Size: 2 Scoops (341 g)
Servings Per Container: About 8

	With 24oz Water	With 32oz Whole Milk
	Amount Per Serving	Amount Per Serving
	% Daily Value	% Daily Value
Calories	1310	1900
Total Fat	11g	42g
Saturated Fat	2.5g	21g
Cholesterol	135mg	230mg
Total Carbohydrate	252g	299g
Total Sugars	28g	77g
Includes Added Sugars	19g	38g
Protein	52g	83g
Vitamin C	52mg	52mg
Vitamin E	14.3mg	15mg
Thiamin	0.8mg	1mg
Riboflavin	0.2mg	1.7mg
Vitamin B6	1.5mg	1.8mg
Vitamin B12	1.8mcg	5.8mcg
Pantothenic Acid	3mg	11mg
Calcium	950mg	1950mg
Iron	1.8mg	1.8mg
Phosphorus	510mg	1380mg
Iodine	150mcg	150mcg
Magnesium	75mg	165mg
Sodium	450mg	880mg
Potassium	690mg	1980mg
Creatine Monohydrate	1g	**

* Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established.

INGREDIENTS: MALTODEXTRIN, PROTEIN BLEND (WHEY PROTEIN CONCENTRATE, MILK PROTEIN ISOLATE, WHEY PROTEIN ISOLATE, WHEY PROTEIN HYDROLYSATE, MICELLAR CASEIN), SUNFLOWER CREAMER (SUNFLOWER OIL, MALTODEXTRIN, SODIUM CASEINATE, MONO & DIGLYCERIDES, NATURAL TOCOPHEROLS AND TRICALCIUM PHOSPHATE), COOKIE PIECES (SUGAR, CORN CEREAL, CORN SYRUP, CORN STARCH, PALM OIL, COCOA [PROCESSED WITH ALKALI], TRICALCIUM PHOSPHATE), LESS THAN 2% OF: CREATINE MONOHYDRATE, FRUCTOSE, NATURAL AND ARTIFICIAL FLAVORS, VITAMIN & MINERAL BLEND (SODIUM ASCORBATE, D-ALPHA TOCOPHERYL ACETATE, CALCIUM D-PANTOTHENATE, POTASSIUM IODIDE, PYRIDOXINE HYDROCHLORIDE, THIAMINE HYDROCHLORIDE, RIBOFLAVIN, CYANOCOBALAMIN), GUM BLEND (CELLULOSE GUM, XANTHAN GUM, CARRAGEENAN), POTASSIUM CHLORIDE, SOY LECITHIN, ACESULFAME POTASSIUM, SUCRALOSE, SUNFLOWER LECITHIN.

CONTAINS: MILK AND SOY.

MANUFACTURED FOR AND DISTRIBUTED BY:
DYMATIZE ENTERPRISES, LLC
EMERYVILLE, CA 94608 USA

(888) 334-5326

CONTAINS A BIOENGINEERED FOOD INGREDIENT.

STORE IN A COOL, DRY PLACE.

KEEP OUT OF REACH OF CHILDREN.

GLUTEN FREE

 **DYMATIZE.COM**
PROFESSIONAL ATHLETE'S CHOICE

DIRECTIONS: Add 2 ½ cups of Super Mass Gainer to 24–32 fl. oz. of water or 32 fl. oz. of whole milk. Blend for 30–45 seconds. Add ice cubes, fruit or other ingredients as desired and blend for an additional 30–45 seconds.

Note: Using milk will provide a thicker, creamier, higher-calorie shake.

Shaker-cup friendly when using ½ serving or less. Shake for 30–45 seconds to allow for proper mixing.

TOTAL MACROS & AMINO ACID INFORMATION PER SERVING

CALORIES 1310	1310 CALORIES Are calories essential to gaining muscle? Yes! Especially for those with high metabolisms or who find it difficult to eat enough quality calories throughout the day. Calories are essential to gaining and sustaining muscle mass because they prevent your hard-earned muscle gains from being used as fuel during periods of heavy training.
FAT 11g	
CARBS 252g	52g PROTEIN Advanced Protein Blend. Muscles are composed of protein, and it should go without saying that consuming quality protein throughout the day is an important component to achieving your muscle mass goals. Super Mass Gainer contains a blend of high-quality slow and fast-digesting proteins to feed your muscles quickly.
PROTEIN 52g	
2:1 RATIO BCAAs 10.7g	10.7g BCAAs INCLUDING LEUCINE Why Leucine? Leucine is the BCAA that is important to Muscle Protein Synthesis.
LEUCINE 5.1g	

CONSULT WITH A PHYSICIAN PRIOR TO USE IF YOU HAVE ANY MEDICAL CONDITIONS.

DO NOT USE IF PREGNANT OR LACTATING. USE ONLY AS DIRECTED.

 **MADE IN THE USA**
FROM DOMESTIC AND INTERNATIONAL INGREDIENTS



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