

Suggested Use: Take 2 capsules daily.

This complete Vitamin B Complex contains 9 active vitamin B forms that support many bodily systems and contributes to a healthy mindset and positive outlook*



Prop 65 WARNING
Reproductive Harm
www.P65Warnings.ca.gov

* CALIFORNIA RESIDENTS ONLY

Available evidence shows women who consume healthful diets with adequate folate may reduce the risk of having a child with birth defects of the brain or spinal cord. Neural tube defects occur in approximately 6 of 10,000 live births; 2,500 cases among 4 million live births annually in the United States. Folate intake should not exceed 250% of the daily value (1,000 mcg).

Tamper Seal: Use only if seal is intact. Consult your health practitioner if you are pregnant or nursing, taking medication or have a medical condition, before taking this product. Store in a cool, dry place.

***THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.**

Lot # 000000-12200 R22-1017 R1.7



Max Energy Bs

**Complete
Vitamin B Complex**



**Quantum Energy
Brain, Liver, & Cell
Health Support***

60 Plant-Source | Dietary
CAPSULES | Supplement



**QUANTUM
ENERGY***

**PURITY
VERIFIED**

**9 ACTIVE
VITAMIN B
FORMS**

**TESTED FOR
ADULTERANTS**

**KOSHER
CERTIFIED**



**SCAN TO
DISCOVER MORE**

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

Amount Per Serving	% DV for Adults & Children 4 years or more	% DV for Preg- nant & Lactating
Thiamine (Vitamin B1 as Thiamine HCl) 50 mg	4,167%	3,571%
Riboflavin (Vitamin B2) (as Riboflavin-5-Phosphate) 10 mg	769%	625%
Niacin (Vitamin B3) (as Niacinamide) 25 mg	156%	139%
Vitamin B6 (as Pyridoxal-5-Phosphate) 10 mg	588%	500%
Folate (as 5-Methyltetrahydrofolate) 665 mcg DFE	166%	111%
Vitamin B12 (as Adenosylcobalamin, Methylcobalamin) 400 mcg	16,667%	14,286%
Biotin 300 mcg	1,000%	857%
Pantothenic Acid (Vitamin B5 as Calcium-d-Pantothenate) 50 mg	1,000%	714%
Pro-Culture Support 590 mg	**	**
Organic Rice Concentrate, Organic Apple Cider Vinegar		

****Daily Value Not Established**

Other Ingredients: Plant-Source Capsules (cellulose, water)

Keep out of reach of children.