DIRECTIONS: FOR ADULTS, TAKE ONE (1) CAPSULE FOUR TIMES DAILY, PREFERABLY WITH MEALS. As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts Serving Size 1 Capsule

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Amount Per Serving	%Daily	Valu
Vitamin B-12 (as Cyanocobalamin)	15 mcg	250%
Panax Ginseng Extract (<i>Panax ginseng</i>) (root) (Standardized to contain 2% ginsenosides, 3 mg)	150 mg	•
American Ginseng Extract (Panax quinquefolius) (root (Standardized to contain 5% ginsenosides, 1.25 mg)	25 mg	•
Chinese Red Ginseng Extract (Panax ginseng) (root) (Standardized to contain 2% ginsenosides, 0.5 mg)	25 mg	*
Royal Jelly Concentrate	1 mg	*

**Daily Value not established

Other Ingredients: Rice Flour, Gelatin. Contains <2% of: Mannitol Silica. Vegetable Magnesium Stearate.



KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.



Ginseng

with B-12, Panax, American and Chinese Red Ginseng

Standardized Herb

Promotes Physical Performance*



Many active people find that Sundown Naturals' Ginseng XTRA® helps them make the most of their natural energy.* Ginseng XTRA® has the ability to revitalize and rejuvenate the body.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

No Artificial Color or Flavor, No Preservatives, No Sugar, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish, Sodum Free, WARNING: Not intended for use by preparant or nursing women. If you are taking any medications or have any medication condition, consult your doctor before use. Avoid this product if you are allergic to bees or beer consultant to the control of the control

Questions? Call toll free 1-888-VITAHELP (848-2435) or visit us at www.sundownnaturals.com

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Manufactured by REXALL SUNDOWN, INC.

Boca Raton. FL 33487 USA

FREE OF Gluten & Wheat

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60 CAPSULES

HERBAL SUPPLEMENT