

natural force™

# Organic MCT oil.

PURE MCT'S FROM  
ORGANIC COCONUTS.  
NOTHING ELSE.



GLUTEN FREE



UNFLAVORED

Fuel your day with  
quality fats.

We believe that quality fats can be an important part of many diets, and that they may be fundamental for feeling productive and focused throughout the day.\*

This is why we consciously source our Organic MCT oil from select USDA Organic and Non-GMO Verified coconuts, then gently process them to retain high levels of full spectrum C8, C10, and C12 MCTs.\*

## How to get started:

**COFFEE:** Blend 1 tbsp MCT with 8 oz warm brewed coffee. Add 1 scoop Collagen Peptides for a protein boost! **SMOOTHIES:** Add 1 tbsp to your favorite smoothie or shake recipe. **COOKING:** Toss mixed vegetables with 1 tbsp MCT and roast or sauté.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



This photo is representative of our supply chain.

| Supplement Facts                  |               |
|-----------------------------------|---------------|
| Serving Size: 1 Tablespoon (15mL) | % Daily Value |
| Serving Per Container: About 32   |               |
| Amount Per Serving                | % Daily Value |
| <b>Calories 125</b>               |               |
| Total Fat                         | 14g 22%*      |
| Saturated Fat                     | 14g 70%*      |
| Cholesterol                       | 0g 0%*        |
| Total Carbohydrate                | 0g 0%*        |
| Total Sugar                       | 0g †          |
| Sodium                            | 0g 0%*        |
| Protein                           | 0g 0%*        |
| Medium Chain Triglycerides (MCTs) |               |
| C8:0 – Caprylic Acid              | 6,500mg†      |
| C10:0 – Capric Acid               | 4,500mg†      |
| C12:0 – Lauric Acid               | 1,300mg†      |

\* Daily Value not established.

† Percent Daily Values are based on a 2,000 calorie diet.

‡ Natural variation is expected.

**Ingredients:** Full Spectrum (C8, C10, C12) Organic MCT Oil from Non-GMO Verified Coconuts.

**Allergens:** Contains Tree Nuts (Coconut).

**Contains No** Palm Oil. Coconuts Sustainably and Humanely Harvested and Processed in Singapore.

**Usage Warning:** MCT oils may react with certain plastics, including foam cups. Only use with containers/utensils made of metal, glass, ceramic, or safe HDPE/PET plastics.

**Recommended Dosage:** 1-3 tbsp per day. Do not exceed recommended dosage. Excessive consumption may cause digestive discomfort.

No refrigeration required.



REDUCE. REUSE. RECYCLE.

Packaged in recyclable glass with a biodegradable label.

Product of Singapore. Bottled in Canada.



ALWAYS FREE OF: UNNECESSARY  
FILLERS, SYNTHETIC COLORS, OR  
ANYTHING ARTIFICIAL.  
EVERY BATCH 3RD PARTY TESTED.  
MANUFACTURED IN A CGMP  
CERTIFIED FACILITY.



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