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Code 21760 V5.0

Directions: 1 capsule taken daily with food, or as professionally directed.

This product should not be used as a substitute for a varied diet and healthy lifestyle. Do not exceed the stated recommended daily intake. Do not purchase if the seal is broken. Keep out of reach of children. If you are under medical supervision, please consult a doctor before use. Long term intake of amounts greater than 10mg of vitamin B6 daily may lead to mild tingling and numbness. Store in a cool, dry place. For best before and batch, see base.

Vegetarian & vegan

Vitamin B6 contributes to normal energy-yielding metabolism, the regulation of hormonal activity & normal psychological function.

BioCare®



Vitamin B6

Vitamin B6 as P5P for energy, hormone & mental health & wellbeing support

60 vegetable capsules
Food supplement

**Product information per daily intake:
1 capsule**

		%EC NRV*
Vitamin B6	50mg	3571

*NRV = Nutrient Reference Value

Ingredients:

Bulking Agent (Cellulose), Capsule Shell (Hydroxypropyl Methylcellulose), Vitamin B6 (Pyridoxal-5-Phosphate), Anti-Caking Agents (Silicon Dioxide & Magnesium Stearate).