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Code: 52430 v5.0

**Directions:** 1 capsule taken daily with food, or as professionally directed.

This product should not be used as a substitute for a varied diet and healthy lifestyle. Do not exceed the stated recommended daily intake. Do not purchase if the seal is broken. Keep out of reach of children. If you are under medical supervision, please consult a doctor before use. Store in a cool, dry place. For best before and batch, see base.

**Vegetarian & vegan**

Vitamin B2 contributes to normal energy-yielding metabolism, the reduction of tiredness & fatigue & normal functioning of the nervous system.

**BioCare<sup>®</sup>**



## Vitamin B2

Vitamin B2 as riboflavin for energy & nervous support

30 vegetable capsules  
Food supplement

**Product information per daily intake:  
1 capsule**

|            |      | %EC NRV* |
|------------|------|----------|
| Vitamin B2 | 50mg | 3571     |

\*NRV = Nutrient Reference Value

**Ingredients:**

Bulking Agent (Cellulose), Capsule Shell (Hydroxypropyl Methylcellulose), Vitamin B2 (Riboflavin), Anti-Caking Agent (Magnesium Stearate).