

Directions: 1 capsule taken twice daily with food, 1 at breakfast, 1 at lunch, or as professionally directed.

This product should not be used as a substitute for a varied diet and healthy lifestyle. Do not exceed the stated recommended daily intake. Do not purchase if the seal is broken. Keep out of reach of children. If you are under medical supervision, please consult a doctor before use. Not suitable for use during planned pregnancy, pregnancy or breastfeeding. Consult a healthcare practitioner if on thyroid medication. Store in a cool, dry place. For best before and batch, see base.

Vegetarian & vegan

Iodine and selenium contribute to normal thyroid function. Vitamins B2 and B3 contribute to a reduction in tiredness and fatigue.

BioCare®



Thyroid Complex

Iodine, selenium & B vitamins for thyroid & energy support with tyrosine & zinc

60 vegetable capsules
Food supplement

Product information per daily intake: 2 capsules

		%EC NRV*
Vitamin A 2500iu	750µg RE†	94
Vitamin C	100mg	125
Vitamin B1	10mg	909
Vitamin B2	10mg	714
Niacin (B3)	10mg RE†	63
Zinc	10mg	100
Selenium	100µg	182
Iodine	200µg	133
Tyrosine	300mg	-
N-Acetyl Cysteine	50mg	-

*NRV = Nutrient Reference Value †RE = Retinol Equivalent
†NE = Niacin Equivalent

Ingredients: L-Tyrosine, Capsule Shell (Hydroxypropyl Methylcellulose), Vitamin C (Magnesium Ascorbate), N-Acetyl L-Cysteine, Zinc Citrate, L-Selenomethionine, Vitamin B1 (Thiamine Hydrochloride), Vitamin B2 (Riboflavin-5-Phosphate), Niacin (Nicotinamide), Vitamin A (Retinyl Acetate), Rice Hull, Potassium Iodide.

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