

5 033290 236601



BioCare[®] Ltd
1 Hedera Road
Ravensbank Business Park
Redditch B98 9EY
United Kingdom
T: 0121 433 3727
www.biocare.co.uk
Code 23660 V5.0

Directions: 1 capsule taken daily with food, or as professionally directed.

This product should not be used as a substitute for a varied diet and healthy lifestyle. Do not exceed the stated recommended daily intake. Do not purchase if the seal is broken. Keep out of reach of children. If you are under medical supervision, please consult a doctor before use. Long term intake of amounts greater than 10mg of vitamin B6 may lead to mild tingling and numbness. Store in a cool, dry place. For best before and batch, see base.

Vegetarian & vegan

Vitamins B2, B3 & B6 contribute to a reduction in tiredness & fatigue & normal functioning of the nervous system. Vitamin B6 contributes to the regulation of hormonal activity.

BioCare[®]



Simple B Vitamins

B vitamins without folate & B12 for energy, nervous & hormone support

60 vegetable capsules
Food supplement

Product information per daily intake: 1 capsule

		NEC NRV*
Vitamin C	40mg	50
Vitamin B1	50mg	4545
Vitamin B2	50mg	3571
Niacin (B3)	50mg NE [†]	313
Vitamin B6	50mg	3571
Biotin	200µg	400
Pantothenic Acid (B5)	50mg	833
Magnesium	14mg	4
Choline Bitartrate	50mg	-
Inositol	50mg	-
PABA	50mg	-

*NRV = Nutrient Reference Value †NE = Niacin Equivalent

Ingredients: Capsule Shell (Hydroxypropyl Methylcellulose), Magnesium Gluconate, Vitamin B1 (Thiamine Hydrochloride), Vitamin B6 (Pyridoxine Hydrochloride & Pyridoxal-5-Phosphate), Pantothenic Acid (Calcium Pantothenate), Choline Bitartrate, Inositol, Para Amino Benzoic Acid, Vitamin B2 (Riboflavin), Niacin (Nicotinamide), Vitamin C (Magnesium Ascorbate), Magnesium Citrate, Anti-Caking Agents (Silicon Dioxide & Magnesium Stearate), Biotin.