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Directions: 1 heaped teaspoon (approx. 5.5g), or as professionally directed, stirred into water, or blended into a smoothie. Take daily with food.

This product should not be used as a substitute for a varied diet and healthy lifestyle. Do not exceed the stated recommended daily intake. Do not purchase if the seal is broken. Keep out of reach of children. If you are under medical supervision, please consult a doctor before use. Not suitable for use during planned pregnancy, pregnancy or breastfeeding. Store in a cool, dry place. For best before and batch, see base.

Vegetarian & vegan

Vitamins D3 & K2, calcium & magnesium contribute to the maintenance of normal bones.

BioCare®



Osteo Intensive

Vitamins D3 & K2, calcium & magnesium for high potency bone support with boron

165g powder
 Food supplement with sweetener

Product information per daily intake: 5.5 grams

		%EC NRV*
Vitamin D3 1000iu	25µg	500
Vitamin K2	45µg	60
Calcium	500mg	63
Magnesium	250mg	67
Manganese	1mg	50
Horsetail Extract 4:1 (Equivalent to 800mg)	200mg	-
Boron	1mg	-

*NRV = Nutrient Reference Value

Ingredients:

Calcium Citrate, Magnesium Citrate, Sweetener (Xylitol), Horsetail Extract (*Equisetum arvense* Aerial Parts), Freeze-Dried Wild Berry Powder (Chokeberry, Elderberry, Blueberry, Blackcurrant & Apple), Vitamin K2 (Menquinone-7), Vitamin D3 (Cholecalciferol), Sodium Borate, Manganese Citrate.