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Code 51260 VS.0

Directions: 2 capsules taken daily with food, 1 at breakfast, 1 at lunch, or as professionally directed.

This product should not be used as a substitute for a varied diet and healthy lifestyle. Do not exceed the stated recommended daily intake. Do not purchase if the seal is broken. Keep out of reach of children. If you are under medical supervision, please consult a doctor before use. Not suitable for use during planned pregnancy, pregnancy or breastfeeding. Store in a cool, dry place. For best before and batch, see base.

Vegetarian & vegan

Niacin, vitamin B2 and magnesium contribute to energy-yielding metabolism and the reduction of tiredness and fatigue.

BioCare[®]



Mito Complex

Magnesium, vitamins B2 & B3 for energy and reduction of fatigue with D-Ribose & CoQ10

60 vegetable capsules
Food supplement

Product information per daily intake: 2 capsules

		%EC NRV*
Vitamin B2	50mg	3571
Niacin (B3)	100mg NE†	625
Magnesium	70mg	19
D-Ribose	200mg	-
N-Acetyl Carnitine	100mg	-
N-Acetyl Cysteine	100mg	-
CoEnzyme Q10	100mg	-
Alpha Lipoic Acid	50mg	-

*NRV = Nutrient Reference Value

†NE = Niacin Equivalent

Ingredients: Magnesium Malate, Capsule Shell (Hydroxypropyl Methylcellulose), D-Ribose, N-Acetyl Cysteine, N-Acetyl Carnitine Hydrochloride, Niacin (Nicotinamide), CoEnzyme Q10, Vitamin B2 (Riboflavin-5-Phosphate), Alpha Lipoic Acid, Bulking Agent (Cellulose), Antioxidant (Ascorbyl Palmitate), Rice Hull.