

Directions: 2 capsules taken daily with food, 1 at breakfast, 1 at lunch, or as professionally directed.

This product should not be used as a substitute for a varied diet and healthy lifestyle. Do not exceed the stated recommended daily intake. Do not purchase if the seal is broken. Keep out of reach of children. If you are under medical supervision, please consult a doctor before use. Not suitable for use during pregnancy, planned pregnancy or breastfeeding. Long term intake of amounts greater than 10mg of vitamin B6 daily may lead to mild tingling and numbness. Store in a cool, dry place. For best before and batch, see base.

Vegetarian & vegan

*Zinc contributes to normal testosterone levels and fertility. Vitamins B3, B6 and B12 support energy metabolism.

BioCare®



Male Multinutrient

For men's health, energy and testosterone levels*

60 vegetable capsules
Food supplement

Product information per daily intake: 2 capsules

		%EC NRV*			%EC NRV*
Vitamin A 2500u	750µg RE ¹	94	Magnesium	50mg	13
Vitamin D3 1000u	25µg	500	Zinc	15mg	150
Vitamin E 30u	20mg α-TE ²	167	Copper	250µg	25
Vitamin K2	50µg	67	Manganese	1mg	50
Vitamin C	250mg	313	Selenium	100µg	182
Vitamin B1	25mg	2273	Chromium	200µg	500
Vitamin B2	25mg	1786	Iodine	200µg	133
Niacin (B3)	50mg NE ³	313	Choline	50mg	-
Vitamin B6	25mg	1786	Inositol	10mg	-
Folate	400µg	200	PABA	10mg	-
(Methylfolate)			CoEnzyme Q10	10mg	-
Vitamin B12	400µg	16000	Boron	1mg	-
(Methyl B12)			Nettle Root 4:1	25mg	-
Biotin	35µg	70	(equivalent 100mg)		
Pantothenic Acid	100mg	1667	Lycopene	5mg	-
(B5)					

*NRV = Nutrient Reference Value
RE = Retinol Equivalent

¹α-TE = Alpha Tocopherol Equivalent
²NE = Niacin Equivalent

For further information peel here

Ingredients:

Vitamin C (Magnesium Ascorbate), Capsule Shell (Hydroxypropyl Methylcellulose), Magnesium Citrate, Choline Bitartrate, Pantothenic Acid (Calcium Pantothenate), Lycopene (Tomato Extract), Niacin (Nicotinamide), Vitamin B12 (Methylcobalamin), Zinc Citrate, Vitamin B6 (Pyridoxal-5-Phosphate), Vitamin B2 (Riboflavin-5-Phosphate), Vitamin B1 (Thiamine Hydrochloride), Vitamin E (D-Alpha Tocopheryl Succinate), Nettle Root Extract (*Urtica dioica* Leaf), L-Selenomethionine, Vitamin D3 (Cholecalciferol), Inositol, CoEnzyme Q10, Para Amino Benzoic Acid, Vitamin A (Retinyl Acetate), Manganese Gluconate, Sodium Borate, Vitamin K2 (Menaquinone-7), Chromium Picolinate, Folate [(6S)-5-Methyltetrahydrofolic acid glucosamine salt], Copper Citrate, Potassium Iodide, Biotin.

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