Directions: 1 capsule taken 3 times daily with food, or as professionally directed.

This product should not be used as a substitute for a varied diet and healthy lifestyle. Do not exceed the stated recommended daily intake. Do not purchase if the seal is broken. Keep out of reach of children. If you are under medical supervision, please consult a doctor before use. Store in a cool, dry place. For

best before and batch, see base.

Vegetarian & vegan

*Magnesium contributes to a reduction of tiredness and fatigue, normal muscle function, and psychological function.



Magnesium Malate

For energy support and muscle function*

90 vegetable capsules Food supplement Product information per daily intake: 3 capsules

*NRV = Nutrient Reference Value

Magnesium 117mg 31 Malic Acid 720mg -

%EC NRV*

Ingredients:

Magnesium Malate, Capsule Shell (Hydroxypropyl Methylcellulose), Bulking Agent (Cellulose), Antioxidant (Ascorbyl Palmitate), Rice Hull.