

Directions: 1 capsule taken daily with food, or as professionally directed.

This product should not be used as a substitute for a varied diet and healthy lifestyle. Do not exceed the stated recommended daily intake. Do not purchase if the seal is broken. Keep out of reach of children. If you are under medical supervision, please consult a doctor before use. Caution is advised with anti-coagulant medication. Not suitable for individuals suffering

from epilepsy. Store in a cool, dry

place. For best before and batch,

Vegetarian & vegan

see base.



## Evening Primrose Oil High potency omega 6 (GLA)

30 vegetable capsules Food supplement

## Product information per daily intake:

1 capsule

Vitamin E Iliu

Providing:

Evening Primrose Oil

Gamma Linolenic Acid (GLA) \*NRV = Nutrient Reference Value

'a-TE = Alpha Tocopherol Equivalent

Ingredients:

Evening Primrose Oil, Capsule Shell Modified Maize Starch, Glycerol, Gelling Agent (Carrageenan), Acidity Regulator (Sodium Carbonate)], Vitamin E (DL-Alpha Tocopheryl Acetate).

10mg a-TE

1000ma

80mg

%EC NRV\*