

ENERGY. STRENGTH. ENDURANCE.

CON-CRĒT® Patented Creatine HCl® is a unique form of creatine. It is more soluble and bioavailable than all other creatine derivatives. Due to Micro-Dosing®, CON-CRĒT® provides all the benefits of creatine without unpleasant side effects.** Micro-Dosing™ based on your body weight and workout intensity. CON-CRĒT® is stackable with any workout supplement.

- No Cycling **
 - No Bloating **
 - No Loading **
 - No Water Retention **
 - No Cramping **
- ** When used as directed.

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Manufactured by Vireo Resource for Vireo Systems, Inc. Madison, TN 37115 USA

Questions? Call 1-855-442-6466

Manufactured in the U.S.A. from domestic and international ingredients.

www.con-cret.com

**THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

BUILDING A BETTER YOU™

STIMULANT-FREE

#1 BIOAVAILABLE CREATINE

CON-CRĒT®

PATENTED CREATINE HCl®

72
CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Capsule (750mg)

Servings Per Container: 72

	Amount Per Serving	% Daily Value
Patented Creatine HCl®	750 mg	**
Daily Value Not Established		

Other Ingredients: Vegetarian capsule (Hypromellose), FD&C Yellow 5, Titanium Dioxide.

Gluten free. No calories. No carbs. No Sugar. Capsules are Kosher, Vegan, and Vegetarian.

CON-CRĒT complies with all drug and doping control standards issued by professional and amateur athletic organizations. CON-CRĒT is permissible for use by college student-athletes.

SUGGESTED USE: Take 30 to 60 minutes prior to training with at least 8 oz of water or beverage of choice. CON-CRĒT can be taken with or without food or protein. Normal Training: 1 serving (1 capsule) per 100 lbs of body weight. Intense Training: 1-2 servings (1-2 capsules) per 100 lbs of body weight. Post & Off Days: Can take 1 serving (1 capsule) per 100 lbs of body weight to assist in muscle recovery.

WARNING: This product is not intended for individuals under the age of 18. Consult your physician prior to using this or any other supplement or if you are taking any OTC or prescription medications. Do not exceed the recommended serving. Discontinue use immediately and consult your health care professional if you experience any adverse reaction to this product. Maintain adequate hydration. **KEEP OUT OF REACH OF CHILDREN. CONSULT A DOCTOR IF YOU ARE PREGNANT OR NURSING.**