

LEGENDAIRY Milk.

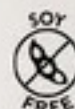
# TEA-TAS®

Lactation Support

CAFFEINE FREE



- ★ Designed to optimize breast milk production\*
- ★ May encourage the flow of milk\*



HERBAL SUPPLEMENT

Net Wt 1.8 oz (51g)

## Supplement Facts

Serving Size 2 Teaspoons (1.7g)

Servings Per Container 30

|                                                 | Amount Per Serving |
|-------------------------------------------------|--------------------|
| Wildcrafted Ixbut (Euphorbia lancifolia) (Leaf) | 17g*               |

\* Daily Value not established.

MANUFACTURED FOR LEGENDAIRY MILK, LLC  
1007 S. HEATHERWILDE BLVD., SUITE 100,  
PFLUGERVILLE, TEXAS 78660  
WWW.LEGENDAIRYMILK.COM

### HEADS UP MAMA!

Seal tightly in between uses. Store in a cool, dry place.

### WHY WE'RE FENUGREEK FREE

Learn more at [www.fenugreekfree.com](http://www.fenugreekfree.com)

Share your journey!

@legendairymilk   

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

LBI-TEA- R22-24



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## An Ancient Mayan Galactagogue

In Guatemala, women know of a long-kept secret learned from their ancestors: an herbal tea made from **IXBUT** to support the flow of mother's milk.

In ancient Maya medicine, healers believed in treating like with like and since ixbut excretes an abundant milky sap from its broken stems and leaves, it was fitting that it would be recommended for promoting breast milk production.

With your first sip of this delicious and refreshing tea, you'll discover why countless generations of women have sung ixbut's praises.

FENUGREEK FREE

CAFFEINE FREE

SUGAR FREE

For best results, drink  
3 cups daily.



Add 2 teaspoons\*  
per 1 cup (8 oz) of  
boiling water.



Let steep for 10-15  
minutes then strain  
into cup, discard  
herbs and enjoy.



Add honey or other  
sweetener as desired.

\*If a stronger flavor is desired, add more herbs. The tea may be served hot or cold.