

#### SUGGESTED USE:

As a dietary supplement, take 1 scoop with 8 oz (236 mL) of cold water 15-30 minutes before training. To avoid sleeplessness, do not take within 4 hours of sleep.

**EVLNUTRITION.COM**  
@EVLSports #EVL

**@apsimax**  
CAPSICUM EXTRACT  
Capsimax® is a registered trademark of OmniActive Health Technologies, Ltd.

**MADE IN THE USA**  
Exclusively Engineered by & Manufactured for:  
**EVLUTION NUTRITION®**  
1560 Sawgrass Corporate Parkway,  
4th Floor, Sunrise, Florida, 33323  
1(855)385-2300



#### ENGN® SHRED PRE-WORKOUT, WHEN COMBINED WITH REGULAR TRAINING, IS ENGINEERED TO SUPPORT:

- WEIGHT MANAGEMENT\*
- INTENSE ENERGY\*
- MENTAL FOCUS\*
- TRAINING HARDER\*
- EXPLOSIVE POWER\*
- METABOLISM\*

Warning: Not for use by those with pre-existing medical conditions; those taking any medications; those under the age of 18; those who are caffeine, niacin or Beta-Alanine sensitive or women who are contemplating pregnancy, pregnant or nursing. Consult your physician prior to using this product if you are taking any prescription or over-the-counter medications or supplements. Do not use this product if you are at risk or are being treated for any medical condition including, but not limited to: high or low blood pressure; cardiac arrhythmia; stroke; heart, liver, kidney or thyroid diseases; seizure disorder; psychiatric disease; diabetes; difficulty urinating due to prostate enlargement or if you are taking a MAO inhibitor. Discontinue use and consult your healthcare professional if you experience any adverse reaction to this product. Keep out of reach of children. Do not exceed recommended serving size or suggested use for any reason. Discontinue use 2 weeks prior to surgery.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**ENGN SHRED**  
○ EXPLOSIVE ENERGY\*  
○ MAXIMUM FOCUS\*  
○ INTENSE FAT BURNER\*

PRE-WORKOUT ENGINE SHRED®



# ENGN SHRED

## PRE-WORKOUT ENGINE SHRED®

- FAT BURNING FORMULA\*
- CREATINE FREE
- EXPLOSIVE ENERGY\*
- MAXIMUM FOCUS\*

**GRAPE**

NATURALLY AND ARTIFICIALLY FLAVORED  
DIETARY SUPPLEMENT NET WT 7.8 OZ (222g)

**30 SERVINGS**

#### Supplement Facts

Serving Size 1 scoop (7.4g)  
Servings Per Container 30

|                                                                                                                                                                        | Amount Per Serving | %DV    |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------|--------|
| Niacin (as niacinamide)                                                                                                                                                | 35mg               | 210%   |
| Vitamin B6 (as pyridoxine HCl)                                                                                                                                         | 2mg                | 110%   |
| Folic Acid                                                                                                                                                             | 800mcg             | 200%   |
| Vitamin B12 (as cyanocobalamin)                                                                                                                                        | 25mcg              | 1,042% |
| ENGN® Mind-to-Muscle Matrix                                                                                                                                            | 2,016mg            | †      |
| Betaine Anhydrous, Choline Bitartrate, L-Tyrosine, Agmatine Sulfate, Alpha-Glycerolphosphorylcholine, Huperzla serrata extract (std. min. 1% Huperzine A) (club moss). |                    |        |
| Beta-Alanine                                                                                                                                                           | 1,800mg            | †      |
| ENGN® SHRED MATRIX                                                                                                                                                     |                    |        |
| Conjugated Linoleic Acid Powder                                                                                                                                        | 500mg              | †      |
| L-Carnitine L-Tartrate                                                                                                                                                 | 500mg              | †      |
| Coleus Extract (as Coleus forskohli) (root)                                                                                                                            | 100mg              | †      |
| Red Pepper Fruit Extract (Capsimax®)                                                                                                                                   | 25mg               | †      |
| Yohimbe Extract (as Pausinystalia yohimbe) (bark)                                                                                                                      | 40mg               | †      |
| ENGN® ENERGIZERS                                                                                                                                                       | 260mg              | †      |
| Natural Caffeine (from Coffee Bean), Green Tea Extract (Standardized for EGCG) (leaf)                                                                                  |                    |        |

Percent Daily Values are based on a 2,000 calorie diet  
† Daily Value (DV) not established.

Other Ingredients: Malic Acid, Natural and Artificial Flavor, Silica, Sucralose, FD&C Red 40, FD&C Blue 1