

Directions:

4-12 years: one gummy per day; 13 years and older: up to four gummies daily.

Consult your doctor before giving to children under four, if you are pregnant or lactating, if you have kidney problems or an obstructed bowel, or if you are currently on medication.

This product may have a laxative effect. Keep kids safe: To avoid choking, give gummies only to children who can easily swallow chewy foods. Children should be seated and under adult supervision when consuming this product.

Experience CALM:

You may notice muscles relaxing and an overarching sense of calmfulness.*

Multi-award-winning Natural Vitality CALM,* developed by Peter Gillham, is the best-selling magnesium supplement in the natural products market.**

Why magnesium?

We all encounter stress daily whether we realize it or not, and our bodies can respond by depleting our magnesium levels.

We invite you to help replenish your body's magnesium levels and enjoy the wave of calmfulness.*

Keep out of reach of children.

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**May 2020 Volume sales data for Natural Products market as defined by SPINS.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

The Anti-Stress Gummies*

NATURAL VITALITY

CALM

A MAGNESIUM SUPPLEMENT

GUMMIES

Orange Flavor
with other natural flavors

240 Gummies**Supplement Facts**

Serving Size 1 Gummy (Children 4 through 12 Years of Age);
4 Gummies (13 or more Years of Age)

Servings Per Container 240 (Children 4 through 12 Years of Age);
60 (13 or more Years of Age)

Amount Per Serving	1 Gummy	% DV	4 Gummies	% DV
Calories	5		30	
Total Carbohydrate	1 g	<1%**	6 g	2%**
Total Sugars	1 g	†	4 g	†
Includes Added Sugars	1 g	2%**	4 g	9%**
Magnesium (as magnesium citrate)	83 mg	20%	330 mg	79%

** Percent Daily Values (DV) are based on a 2,000 calorie diet.

† Daily Value (DV) not established.

Other ingredients: Organic tapioca syrup, organic cane sugar, water, citric acid, agar, organic tapioca starch, natural flavors, organic annatto extract (color), locust bean gum.

Distributed by Nutranext Business, LLC

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www.naturalvitality.com

Contains no artificial flavor or synthetic color.

Store in a cool, dark and dry place.



NV4310 • LB-NV4310-240A