

NON-GMO
GLUTEN FREE

21ST
CENTURY®

Adults
50+

Sentry SENIOR

Multivitamin & Multimineral
Supplement

Compare VS.
Centrum® SILVER®
Adults[†]

265 Tablets

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (Acetate, 40% as Beta-Carotene)	750 mcg 83%	Calcium (as Calcium Carbonate & Dicalcium Phosphate)	220 mg 17%
Vitamin C (as Ascorbic Acid)	60 mg 67%	Phosphorus (as Dicalcium Phosphate)	20 mg 2%
Vitamin D ₃ (as Cholecalciferol)	25 mcg (1,000 IU) 125%	Iodine (as Potassium Iodide)	150 mcg 100%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	22.5 mg 150%	Magnesium (as Magnesium Oxide)	50 mg 12%
Vitamin K (as Phytonadione)	30 mcg 25%	Zinc (as Zinc Oxide)	11 mg 100%
Thiamin (as Thiamin Mononitrate, B-1)	1.5 mg 125%	Selenium (as Sodium Selenate)	19 mcg 35%
Riboflavin (Vitamin B-2)	1.7 mg 131%	Copper (as Copper Sulfate)	0.5 mg 56%
Niacin (as Niacinamide)	20 mg 125%	Manganese (as Manganese Sulfate)	2.3 mg 100%
Vitamin B-6 (as Pyridoxine HCl)	3 mg 176%	Chromium (as Chromium Picolinate)	50 mcg 143%
Folate	667 mcg DFE 167% (400 mcg Folic Acid)	Molybdenum (as Sodium Molybdate)	45 mcg 100%
Vitamin B-12 (as Cyanocobalamin)	25 mcg 1,042%	Chloride (as Potassium Chloride)	72 mg 3%
Biotin	30 mcg 100%	Potassium (as Potassium Chloride)	80 mg 2%
Pantothenic Acid (as d-Calcium Pantothenate)	10 mg 200%	Lutein	250 mcg **
		Lycopene	300 mcg **

** Daily Values not established.

Other Ingredients: Cellulose, Starch, Stearic Acid, Gelatin, Gum Acacia. **Contains <2% of:** Artificial Colors (FD&C Blue #2 Carmine, FD&C Red #40, FD&C Yellow #6), BHT, Citric Acid, Croscarmellose Sodium, Magnesium Silicate, Magnesium Stearate, Mono/Diglycerides, Polyethylene Glycol, Polyethylene Glycol/Polyvinyl Alcohol Copolymer, Polysorbate, Polyvinyl Alcohol, Silicon Dioxide, Titanium Dioxide.

[†]This product is not manufactured or distributed by New PCH, LLC, owner of the registered trademarks Centrum® Silver®.

Directions: As a dietary supplement, adults take one (1) tablet daily with any meal or as directed by a healthcare provider. Do not exceed recommended dosage. Individual results may vary.

Warning: Consult a healthcare provider prior to use if pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

If taking other supplements, read label, since supplements may contain the same ingredient.

No added Yeast or
Artificial Flavors.
Gluten Free.

ACTUAL SIZE

PROUDLY MANUFACTURED BY
21ST CENTURY HEALTHCARE, INC.
2119 S. Wilson St., Tempe, AZ 85282 USA
21stcenturyvitamins.com

**GUARANTEED QUALITY
LABORATORY TESTED**

501555-0322

TRUSTED
QUALITY
FOR OVER
30 YEARS

