

Directions Take 1 capsule twice a day. Each capsule must be taken with a meal and a large glass of cold water.		
Ingredients	2 capsules contain	NRV%*
Organic botanicals		
Fennel Seed	100mg	**
Lemon Balm Leaf	75mg	**
Peppermint Leaf	70mg	**
Artichoke Leaf	60mg	**
Dandelion Leaf	60mg	**
Chamomile Flower	50mg	**
Enzymes		
Amylase (10,000DU)	370mg	**
Protease (20,000HUT)	50mg	**
Lactase (2,000ALU)	31mg	**
Cellulase (90CU)	30mg	**
Lipase (500LU)	20mg	**
Probiotics (12 billion CFU)		
Bifidobacterium longum	20mg	**
Lactobacillus rhamnosus	13mg	**
Lactobacillus acidophilus	15mg	**
Bifidobacterium infantis	10mg	**
Bifidobacterium breve	3mg	**
Lactobacillus plantarum	2mg	**
Capsule		
Vegetable cellulose		**

*NRV = Nutrient Reference Value ** No NRV Established

60 capsules

food supplement



feel

complete.

gut

3-in-1



5 digestive enzymes



12 billion probiotics



6 organic botanicals

premium digestive supplement
formulated by experts

natural ingredients

no bulking agents

no fillers

vegan

made in the UK

Warnings
Must be taken with food. Do not take if pregnant or breastfeeding. Please check with doctor before consumption if you have gallbladder removal or liver disease. Caution is advised for colitis, ulcerative/gastric conditions of the stomach. If you are taking medication or under medical supervision, please consult your healthcare practitioner before taking any food supplement. Do not take if you have or suspect you have peptic ulcers. Food supplements are not to be used as a substitute for a varied, balanced and healthy diet. Do not exceed recommended dosage. Made in a facility that also processes allergens.

Storage
Store in a cool, dry place away from direct sunlight. **Keep out of reach of children.**

Feel Complete Group Ltd
401 Stonehouse Park
Sperry Way
Stonehouse
Gloucestershire
GL10 3UT

feelcomplete.com

lid and jar
recyclable