SUGGESTED USE: Take 2 capsules daily, with or without food, or as directed by a healthcare professional.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under 18 years of age, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Supports Strong, Healthy Hair



Promotes Bright, Radiant Skin



Helps Grow Long & Strong Nails

Vendor Code: 6713-VL1460-60







Hair, Skin & Nails Formula



Premium Quality Biotin, Essential Vitamins, & Beautifying Antioxidants

Dietary Supplement 60 Vegetarian/Vegan Tablets **Supplement Facts**

Serving Size 2 Tablets	Servings Per Con	tainer: 30
Amount Per Serving	%Da	ily Value
Vitamin C (as ascorbic acid)	400 mg	444%
Vitamin E (as d-Alpha tocopheryl succi	nate) 40 mg	267%
Vitamin B-6 (as pyridoxine HCI)	4mg	235%
Biotin	5000 mcg	16,667%
Pantothenic Acid (as d-calcium pantoth	enate) 20mg	400%
Calcium (from di-calcium phosphate)	85mg	7%
Zinc (as zinc citrate)	20mg	182%
Selenium (as L-selenomethionine)	140mcg	255%
Copper (as cupric oxide)	1mg	111%
Manganese (as manganese gluconate)	4mg	174%
OptiMSM® (methylsulfonylmethane)	500 mg	*
Silica (from bamboo stem extract)	12.5mg	*
L-Methionine	125mg	*
Citrus Bioflavonoid 50% Complex	100mg	*
Hyaluronic Acid	5mg	*
Alpha Lipoic Acid	50mg	*
Proprietary Blend	417mg	*
Consisting of Gotu Kola Aerial Parts	(10% extract) Gra	hee? enc

Consisting of: Gotu Kola Aerial Parts (10% extract), Grape Seed 95% Extract (inner core), Fo-Ti Root Powder, Amla Fruit (60% extract), PABA (para-aminobenzoic acid), Goji Berry 40% Extract (Lycium barbarum) (fruit), Bladderwrack Powder (thallus), Nori Yaki (Porphyra spp.) (thallus), Wakame Powder, Olive Water 15% Extract (fruit), and Natural Astaxanthin Complex (2% astaxanthin).

*Daily Value not established.

Other ingredients: Di-calcium phosphate, vegetable stearic acid, croscarmellose sodium, aqueous film coating (purified water, hydroxypropyl methylcellulose, vegetable glycerin, and peppermint oil), vegetable magnesium stearate, silicon dioxide and microcrystalline cellulose.

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