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WHEY SHAKE

THE GOLD STANDARD

PROTEIN	SUGAR	FAT	SODIUM
23 GRAMS	1 GRAM	1.5 GRAMS	90 MILLIGRAMS

STRAWBERRY SHAKE

NATURALLY & ARTIFICIALLY FLAVORED

Free of Fillers...No Taurine,
Glycine or Maltodextrin

Mixes Instantly

Kosher & Halal

Superior Amino Acid Profile

Best-Tasting Protein in Water or Milk

NET WT:
5lb (2.27kg)

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Whey Shake is the critically acclaimed protein powder that scores top honors for highest quality and best taste. To produce such a distinguished product, we had to use the very best and most refined ingredients, such as Promina™ whey protein. Cold filtered and undenatured, Promina™ whey proteins are painstakingly tested for consistency, flavor, protein content, and mixability. To this clean tasting, delicious protein base, we added glutamine peptides and the best extracts and flavors the world has to offer. The result is a product of the highest quality...a product with consistently correct protein levels, consistently superior mixability and consistently incredible taste.

The painstaking quality control and attention to detail that goes into Whey Shake ensures it will vastly outperform every other protein powder on the market. From deliciousness and mixability, to overall health benefits, to exercise performance and muscle growth, Whey Shake is guaranteed to be the unbeatable gold standard.

Nutrition Facts

76 servings per container

Serving size 1 Level Scoop (30g)

Amount Per Serving
Calories **120**

% Daily Value*

Total Fat	1.5g	2%*
Saturated Fat	0.5g	3%*
Trans Fat	0g	
Cholesterol	40mg	13%*
Sodium	90mg	4%*
Total Carbohydrate	3g	1%*
Dietary Fiber	0g	0%*
Total Sugars	1g	
Includes	0g Added Sugars	0%*
Protein	23g	
Vitamin D	0.2mcg	2%
Calcium	120mg	10%
Iron	0.4mg	2%
Potassium	140mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Important Amino Acids
Per 100 Grams Of Protein**

Arginine*	2.1g
Glutamine/Glutamic Acid*	20.1g
Histidine*	2.2g
Isoleucine*†	5.7g
Leucine*†	10.5g
Lysine*	9.0g
Methionine*	1.9g
Phenylalanine*	3.5g
Threonine*	6.9g
Tryptophan*	2.1g
Valine*†	5.7g

* Essential Amino Acids
† Branched-Chain Amino Acids
‡ Important Nonessential Amino Acids

INGREDIENTS: Whey protein concentrate*, glutamine peptides, natural and artificial flavors, lecithin, salt, acesulfame-K, sucralose, FD&C Red #40.

CONTAINS: Milk, Wheat, Soy. Produced in a facility that uses peanut products.

* Promina™ brand: ultrafiltered and undenatured; includes beta lactoglobulin, alpha lactalbumin, glycomacropeptides, immunoglobulin, b.s. albumin, proteose peptone, lactoferrin, lactoperoxidase.

SUGGESTED USE: Based on taste preference, vigorously mix one scoop of Whey Shake per 6–10 oz of water or milk for 30–60 seconds. For those with lower protein needs, one half scoop may be consumed with 3–5 oz of water or milk. Note the extra calories when combined with milk. Consume Whey Shake two to three times per day to satisfy your protein requirements. Remember, the best times for consuming protein are immediately upon rising in the morning, after intense physical activity, such as weight training, and prior to sleep. Whey Shake mixes instantly with a spoon and tastes great...**GUARANTEED!**

Notice: Use this product as a food supplement only. Do not use for weight reduction.

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