

DIRECTIONS: FOR ADULTS, TAKE ONE (1) CAPSULE DAILY, PREFERABLY WITH A MEAL.

As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		%Daily Value
Biotin (as d-Biotin)	5,000 mcg (5 mg)	1,667%
Calcium (as Dicalcium Phosphate and Calcium Carbonate)	222 mg	22%

Other Ingredients: Gelatin. **Contains <2% of:** Silica, Vegetable Magnesium Stearate.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.



Sundown
Naturals

HIGH POTENCY

Biotin

5000 MCG

**Supports Carbohydrate,
Fat & Energy Metabolism***

60 CAPSULES DIETARY SUPPLEMENT

**Smart
Facts**

Biotin supports the metabolism of carbohydrates, fats and proteins for energy use.* Sundown Naturals' High Potency Biotin is designed to provide ample amounts of this essential nutrient to maximize its benefits. No matter what type of healthy eating plan you follow, Sundown Naturals' High Potency Biotin is an excellent choice for nutritional support.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.
STORE AT ROOM TEMPERATURE AND
AVOID EXCESSIVE HEAT. TAMPER
RESISTANT: DO NOT USE IF SEAL
UNDER CAP IS BROKEN OR MISSING.



Questions? Call toll free 1-888-VITAHELP (848-2435)
or visit us at www.sundownnaturals.com

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