

Sundown
Naturals

NEW Improved Formula
with 5000 MCG of Biotin PER SERVING

Hair, Skin & Nails

Helps Support:

- **Healthy Hair*** • **Vibrant Skin***
- **Strong Nails***

120 CAPLETS DIETARY SUPPLEMENT

Supplement Facts

Serving Size 3 Caplets
Servings Per Container 40

Amount Per Serving	%Daily Value	Amount Per Serving	%Daily Value
Vitamin A (as Vitamin A Palmitate) 5,000 IU	100%	Phosphorus (as Dicalcium Phosphate) 128 mg	13%
Vitamin C (as Ascorbic Acid) 60 mg	100%	Magnesium (as Magnesium Oxide) 50 mg	13%
Vitamin D (as D3 Cholecalciferol) 1,000 IU	250%	Zinc (as Zinc Gluconate) 7.5 mg	50%
Vitamin E (as dl-Alpha Tocopheryl Acetate) 15 IU	50%	Manganese (as Manganese Gluconate) 2 mg	100%
Thiamin (Vitamin B-1) (as Thiamin Hydrochloride) 5 mg	333%	PABA (Para-Aminobenzoic Acid) 10 mg	**
Riboflavin (Vitamin B-2) 5 mg	294%	Choline Bitartrate 10 mg	**
Niacin (as Niacinamide) 25 mg	125%	Inositol 30 mg	**
Vitamin B-6 (as Pyridoxine Hydrochloride) 5 mg	250%	Ribonucleic Acid (RNA) 10 mg	**
Folic Acid 200 mcg	50%	Citrus Bioflavonoid / Rutin Complex 38 mg	**
Vitamin B-12 (as Cyanocobalamin) 8 mcg	133%	Horsetail (<i>Equisetum arvense</i>) (aerial) 3 mg	**
Biotin (as d-Biotin) 5,000 mcg (5 mg) 1,667%		Hydrolyzed Collagen 50 mg	**
Pantothenic Acid (as d-Calcium Pantothenate) 15 mg	150%	Alpha Lipoic Acid 10 mg	**
Calcium (as Dicalcium Phosphate and Calcium Carbonate) 260 mg	26%	**Daily Value not established.	

Other Ingredients: Vegetable Cellulose. **Contains <2% of:** Gelatin, Silica, Vegetable Magnesium Stearate. Contains fish (cod, pollock, haddock, hake, cusk, redfish, sole, flounder) ingredients.

No Artificial Color or Flavor, No Preservatives, No Sugar, No Milk, No Lactose, No Gluten, No Wheat, No Shellfish. Sodium Free.

04C B52182
FAC ©2013

**Smart
Facts**

Sundown Naturals Hair, Skin and Nails caplets provide a combination of nutrients including Vitamin C and Biotin, that support the structural foundation of your hair, skin and nails.*

DIRECTIONS: FOR ADULTS, TAKE THREE (3) CAPLETS DAILY, PREFERABLY WITH A MEAL. As a reminder, discuss the supplements and medications you take with your health care providers.

WARNING: If you are pregnant, nursing, taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

**KEEP OUT OF REACH OF CHILDREN.
STORE AT ROOM TEMPERATURE AND
AVOID EXCESSIVE HEAT. TAMPER
RESISTANT: DO NOT USE IF SEAL
UNDER CAP IS BROKEN OR MISSING.**

**FREE OF
Gluten &
Wheat**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Questions? Call toll free 1-888-VITAHELP (848-2435)
or visit us at www.sundownnaturals.com

Manufactured by REXALL SUNDOWN, INC.
Boca Raton, FL 33487 USA



Prod. No.
36239

