

SUGGESTED USE Consume one or more capsules daily or as recommended by a health care professional. For best results, take this product with food containing a small amount of fat or oil. This product is most effective as part of a healthy diet and active lifestyle, along with **ANDREW LESSMAN'S Life Rx™** multi-vitamin-mineral formulas. **For answers to questions about the use of this product call 800.800.1200.**



UNSURPASSED.
Purity. Quality. Integrity. Effectiveness.

Andrew Lessman
Andrew Lessman
Founder of PROCAPS LABS

QUESTIONS? RE-ORDERS?
CALL 800.800.1200
www.PROCAPSLABS.com

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PROMOTES OPTIMUM CALCIUM ABSORPTION

VITAMIN D₃-2500™

2,500 IU VITAMIN D₃ (CHOLECALCIFEROL)
120 MG CALCIUM



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720 Easy-to-Swallow Capsules

Andrew Lessman's VITAMIN D₃-2500 contains 2,500 IU of the most important single vitamin to supplement – **Vitamin D₃**. Everyone recognizes the central role Calcium plays in bone health, yet few are aware that without Vitamin D, Calcium cannot be absorbed and utilized. In short, Vitamin D is just as important as Calcium for bone health. That should be enough to encourage everyone to consume extra Vitamin D, but it's the other benefits that are making headlines and has experts seeking to drastically raise the recommended levels of Vitamin D. The body can produce small amounts of Vitamin D when exposed to sunlight (UV radiation), but our reduced sun exposure, increased use of sunscreens, as well as aging makes our internal production of Vitamin D extremely limited and unreliable. Moreover, Vitamin D is not readily available in food, being present in only small amounts in some fish and eggs. As a result, for over 30 years, we have always provided extra Vitamin D in all our multivitamins and Calcium products. An enormous amount of recent research confirms the wisdom of consuming extra Vitamin D and, best of all, with our **Vitamin D₃-2500**, it is a pleasure to use, since it comes in a small, soft, easy-to-swallow capsule that is guaranteed gentle even to sensitive stomachs.

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO Milk, soy, yeast, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative or manufacturing additive.

CONTAINS NO ADDITIVES OR COMMON ALLERGENS OF ANY KIND.

Supplement Facts

Serving Size 1 Capsule Servings Per Container 720

Amount Per Serving		%DV*
Vitamin C (as ascorbyl palmitate)	5 mg	8%
Vitamin D₃ (as cholecalciferol)	2,500 IU	625%
Calcium (as calcium carbonate)	120 mg	12%

* Percent Daily Values (%DV) are based on a 2,000 calorie diet.

Other Ingredients: Gelatin capsule.