

USAGE: Take 4 tablets per day with meals, or as directed by your qualified health consultant.

Note: Individuals who are diabetic, being treated for glucose control, pregnant or lactating should consult a health care professional before using this product.

Glucose Optimizer® is a comprehensive combination of nutrients that improve glucose metabolism and antioxidant protection.*

- **Alpha Lipoic Acid** facilitates reduction of blood glucose and supports general metabolism by its effects on energy production.*
- **Gymnema, Bitter Melon, Fenugreek and Eucalyptus** are herbal extracts that have glucose regulating properties.*
- **Green Tea Extract** (45% Polyphenols) supports the strength of capillaries and other blood vessels.*
- **Magnesium** is involved in the metabolism of glucose and production of energy in the form of ATP.*
- **Bilberry** promotes healthy eye function and circulation.*

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PROD#: 29002

REV0606

Superior Nutrition and Formulation™ by
Jarrow FORMULAS®
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GLUCOSE OPTIMIZER®

Alpha Lipoic Acid
Gymnema • Eucalyptus • Fenugreek
Bitter Melon • Gamma Tocopherol • Bilberry
Green Tea Extract • Cinnamon

**Supports Glucose Metabolism
and Antioxidant Status***

120 Tablets
Dietary Supplement

Supplement Facts

Serving Size 4 Tablets

Servings Per Container 30

Amt Per 4 Tabs	% DV	Amt Per 4 Tabs	% DV
Vitamin C (Ascorbic Acid)	100 mg 167%	Alpha Lipoic Acid	200 mg *
Niacinamide	300 mg 1500%	Gymnema sylvestre (75% Gymnemic acids)	300 mg *
B1 (Thiamine Mononitrate)	5 mg 333%	Bilberry (Vaccinium myrtillus) (25% Anthocyanosides)	40 mg *
B5 (Pantothenic Acid)	25 mg 250%	Cinnamon (Cinnamomum cassia)(inner bark)	200 mg *
B6 (Pyridoxine HCl)	5 mg 250%	Green Tea 5:1 Extract (Camellia sinensis) (45% Polyphenols)	200 mg *
B12 (Methylcobalamin)	100 mcg 1667%	Bitter Melon (Momordica charantia)	200 mg *
Biotin	1000 mcg 333%	Fenugreek Fiber Extract (Trigonella graecum)	150 mg *
Vitamin E (as d-alpha tocopherol)	16 IU 53%	Eucalyptus Leaf Extract (Eucalyptus globulus)	100 mg *
Folic Acid (Folate)	400 mcg 100%	Taurine	300 mg *
Magnesium (as Oxide)	200 mg 50%	Gamma Tocopherol	100 mg *
Manganese (from citrate)	1 mg 50%		
Selenium (as methylselenocysteine)	50 mcg 71%		
Chromium (from 100 mg Saccharomyces cerevisiae nutritional yeast)	200 mcg 167%		

* % Daily Value not established

Other Ingredients: Cellulose, dicalcium phosphate, modified cellulose gum, stearic acid, magnesium stearate and silicon dioxide.

Contains: Soy.

Lot #. Best Used Before: