

USAGE: Take 1-5 capsules per day with food, or use as directed by your qualified health consultant.

Jarrow FORMULAS® Green Tea 500 is water extracted and consists of 40% polyphenols, including 30% catechins. Catechins are flavan monomers, the building blocks of OPCs. OPCs, OligoProanthoCyanidins, are polymers (or chains) of flavans. Catechins are generally more bioavailable and more potent antioxidants than proanthocyanidins.

Keep out of the reach of children.



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Lot #. Best Used Before:

Jarrow FORMULAS®

Green Tea

500 mg



5:1 Water Extract
40% Polyphenols
(30% Catechins)

500 mg

100 Capsules

Dietary Supplement

Supplement Facts

Serving Size 1 Capsule

	Amount Per Capsule	% DV
Green Tea (5:1 water extract)	500 mg	*

* Daily Value not established.

Other Ingredients: Cellulose, silicon dioxide and magnesium stearate. Capsule consists of gelatin. Contains no other ingredients.

Jarrow FORMULAS® Green Tea 500 (5:1 water extract) contains the following approximate profile of antioxidants:

Total Polyphenols	40.0%
Catechins	30.0%
EGC (Epigallocatechin)	11.15%
EC (Epicatechin)	0.02%
EGCg (Epigallocatechingallate)	14.81%
ECg (Epicatechingallate)	4.02%
Other Polyphenolic Antioxidants	10.0%

Superior Nutrition and FormulationSM by

Jarrow FORMULAS®

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