

Good Health. Great Taste.

Boosts Energy & Satiety Contains 20 g ultra-pure protein with precise essential amino acid ratios to help you stay energized and satisfied.

Supports Heart, Brain, Vision, Immune, Bone & Overall Health Packed with 24 essential vitamins and minerals, ALA (an essential omega-3 fatty acid), and other nutrients to benefit your whole body.

Promotes Digestive Health & Regularity Provides 6 g of fiber, a proprietary prebiotic from organic ancient grains, and digestive enzymes to help keep your gut happy.

A Delicious, Low-Glycemic Meal Features our new zero-calorie natural sweetener.

Clinically Proven to Help You Lose Excess Weight and Keep It Off Powered by Leucine® to support metabolism, burn fat, and help you build lean muscle.†

Need Some Healthy Ideas? Add fruits, vegetables, or nut butters to customize with your favorite ingredients. Find healthy recipes at go.shaklee.com

SAFE • PROVEN

SINCE 1956

100% GUARANTEED

DAIRY FREE

KOSHER

NO CHOLESTEROL

100% CARBON NEUTRAL

NO Artificial Flavors, Sweeteners, or Preservatives

Life Shake™ is an integral part of the clinically proven Shaklee 180® program.

NQ133A

Shaklee®

Life Shake™
STRAWBERRY

Soy Protein

Delicious, all-in-one meal. Clinically proven to help create the foundation for a longer, healthier life.



20g PROTEIN	6g FIBER	24 VITAMINS & MINERALS	GF GLUTEN FREE	V VEGAN	NON GMO	LG LOW GLYCEMIC	Dr Shaklee
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14 SERVINGS | NET WEIGHT 1 LB. 5 OZ. (594 g)



DIRECTIONS: Blend or shake 2 scoops with 8–10 oz. of your favorite beverage for a healthy meal replacement.

Nutrition Facts	
14 servings per container	
Serving size	2 Scoops (42 g)
Amount per serving (mix alone)	
Calories	150
% Daily Value*	
Total Fat	3 g 4%
Saturated Fat	0.5 g 3%
Trans Fat	0 g
Polyunsaturated Fat	0.5 g
Monounsaturated Fat	1.5 g
Cholesterol	0 mg 0%
Sodium	420 mg 18%
Total Carbohydrate	14 g 5%
Dietary Fiber	6 g 21%
Total Sugars	5 g
Includes 5 g Added Sugars	10%
Protein	20 g 40%
Vitamin D	3.5 mcg (140 IU) 20%
Calcium	120 mg 10%
Iron	2.7 mg 15%
Potassium	150 mg 4%
Vitamin A	90 mcg 10%
Vitamin C	21 mg 25%
Vitamin E	5.2 mg 35%
Thiamin	0.42 mg 35%
Riboflavin	0.45 mg 35%

Amount per serving	% Daily Value*
Niacin	5.6 mg 35%
Vitamin B6	0.6 mg 35%
Folate	138 mcg DFE (83 mcg folic acid) 35%
Vitamin B12	0.83 mcg 35%
Biotin	10.5 mcg 35%
Pantothenic Acid	1.8 mg 35%
Phosphorus	230 mg 20%
Magnesium	90 mg 20%
Zinc	4 mg 35%
Selenium	13 mcg 25%
Copper	0.3 mg 35%
Manganese	0.3 mg 15%
Chromium	8 mcg 25%
Molybdenum	25 mcg 60%
Chloride	270 mg 10%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: Shaklee Proprietary Protein Blend (Soy Protein Concentrate, Soy Protein Isolate, L-leucine, Organic Pumpkin Seed Protein, Organic Chia Seed Protein), Natural Cane Sugar, Sunflower Oil Powder, Natural Flavors, Proprietary Fiber Blend [Soluble Corn Fiber, Organic Ancient Grains Blend (Organic Amaranth, Organic Buckwheat, Organic Millet, Organic Quinoa, Organic Chia)], Proprietary Vitamin And Mineral Blend [Dicalcium Phosphate, Potassium Chloride, Magnesium Oxide, Ascorbic Acid, D-alpha-tocopheryl Acetate, Nicotinamide, Zinc Oxide, Calcium Pantothenate, Vitamin A Palmitate, Vitamin D3, Vitamin B12, Pyridoxine Hydrochloride, Riboflavin, Thiamine Mononitrate, Folic Acid, Biotin], Red Beet Juice Powder For Color, Salt, Citric Acid, Milled Golden Flaxseed, Rebadioside M, Guar Gum, Digestive Enzyme Blend (Papain, Bromelain).

Distributed by Shaklee Corporation
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Product questions: 925.734.3638

Manufactured in a facility that may also process peanuts, tree nuts, milk, egg, soy, wheat, and fish. Product sold by weight only, not by volume. Settling will occur during shipping and handling.

†When used as part of the Shaklee 180 Program. Patent # US 7,744,930 B2 Item #21327



Shaklee quality standards go beyond how and where an ingredient is grown. We look to confirm the purity and potency of ingredients after harvest to guarantee that the final finished product is free of hundreds of chemical contaminants.