Instant Protein Soy Mix provides heart-healthy protein.

Three tablespoons of Instant Protein Soy Mix provide 16 grams of heart-healthy soy protein. That's why many people are choosing to replace saturated fat-laden meats and dairy products with naturally saturated fat-free low-fat soy protein.

Instant Protein Soy Mix makes that choice easy, providing a simple and highly versatile way to add healthful soy protein to your diet without adding significant carbohydrates. Instant Protein Soy Mix can be added to virtually anything you cook or bake, or mixed into a delicious drink.

However you use it, each serving of Instant Protein Soy Mix provides 16 grams of healthful soy protein with less than 1 gram of carbohydrate. The soy protein in Instant Protein Soy Mix contains high-quality protein equivalent to the proteins found in meats, eggs, and milk and provides all nine essential amino acids your body needs but can't manufacture itself. This high-quality soy protein is produced under an Identity Preservation Program (IPP), which means that the soybeans are tightly monitored and controlled from planting through processing. Gluten free. Non-GMO. No artificial flavors, sweeteners, colors, or preservatives added. Vegetarian formula. Naturally cholesterol free. Naturally low in fat.

NOTICE: Should not be used by infants under one year of age without consulting a physician.

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NOTICE: Use this product as a food supplement only. Do not use for weight reduction. Shaklee recommends the Shaklee 180® Program for weight management.

Shaklee®

Instant Protein® Soy Mix

Heart-Healthy Protein

A versatile, biologically complete protein source great for cooking, baking, and drinks

16g PROTEIN · ZERO ADDED SUGAR · 0mg CHOLESTEROL · LOW FAT · NON GMO · GLUTEN FREE · V VEGAN

Unflavored

NET WEIGHT
1 LB. 6 OZ. (630 g)

Nutrition Facts

30 servings per container
Serving size 3 Tablespoons (21 g)

Amount per serving	
Calories	**80**
	% Daily Value*
Total Fat 1.5 g	**2%**
Saturated Fat 0 g	**0%**
Trans Fat 0 g	
Cholesterol 0 mg	**0%**
Sodium 190 mg	**8%**
Total Carbohydrate <1 g	**0%**
Dietary Fiber 0 g	**0%**
Total Sugars 0 g	
Includes 0 g Added Sugars	**0%**
Protein 16 g	**32%**
Vitamin D 0 mcg	0%
Calcium 150 mg	10%
Iron 2.7 mg	15%
Potassium 0 mg	0%
Phosphorus 150 mg	10%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: SOY PROTEIN ISOLATE, SOYBEAN OIL, TRICALCIUM PHOSPHATE, SOY LECITHIN, MIXED TOCOPHEROLS CONCENTRATE.

Distributed by Shaklee Corporation
4747 Willow Road, Pleasanton, CA 94588

DIRECTIONS: For Drinks: Mix 3 tablespoons of Instant Protein Soy Mix in water, juice, or your favorite beverage.

For Cooking and Baking: So versatile you can add to soups, casseroles, pancakes, salad dressings, and more. When using this product, cooking at a lower heat and adding extra liquid are recommended.

One serving of Shaklee Instant Protein Soy Mix provides approximately the following amount of essential amino acids:

Histidine..... 440 mg	Phenylalanine... 890 mg
Isoleucine ..... 830 mg	Threonine ..... 640 mg
Leucine ..... 1,390 mg	Tryptophan ..... 210 mg
Lysine..... 1,060 mg	Valine ..... 850 mg
Methionine ..... 230 mg	

K · gf · GMO Please go to shaklee.com/nongmo for the Shaklee non-GMO policy.

Product sold by weight only, not by volume. Settling will occur in shipping and handling.

MANUFACTURED IN A FACILITY THAT MAY ALSO PROCESS TREE NUTS, MILK, EGG, SOY, WHEAT, AND SHELLFISH.

SAFE · PROVEN · SINCE Shaklee 1956 · 100% GUARANTEED

Shaklee®

Product Questions?
925.734.3638

Item #20661