

ENERGIZE | **HYDRATE** | BUILD | RECOVER

DIRECTIONS: Mix 1 to 2 stick packs with 8 oz. or more of water.



Nutrition Facts

20 servings per container

Serving size

1 stick (3.3 g)

Calories

Per 1 stick

10

% Daily Value**

Per 2 sticks

20

% Daily Value**

Total Fat	0 g	0%	0 g	0%
Sodium	150 mg	7%	300 mg	13%
Total Carbohydrate	2 g	1%	4 g	1%
Total Sugars	2 g		4 g	
Incl. Added Sugars	1 g	2%	3 g	6%
Protein	0 g		0 g	
Potassium	90 mg	2%	185 mg	4%
Chloride	170 mg	8%	340 mg	15%

Not a significant source of fat, saturated fat, *trans* fat, cholesterol, dietary fiber, protein, vitamin D, calcium, and iron.

**The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ELECTROLYTE BLEND (COCONUT WATER POWDER, SODIUM CITRATE, SODIUM CHLORIDE, POTASSIUM CHLORIDE), ORGANIC CANE SUGAR, CITRIC ACID, NATURAL FLAVORS, MONK FRUIT (*SIRAITIA GROSVENORII*) EXTRACT. **CONTAINS COCONUT.**

Distributed by Shaklee Corporation
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**MANUFACTURED IN A FACILITY
THAT MAY ALSO PROCESS
TREE NUTS, MILK, EGG, SOY,
WHEAT, SHELLFISH, AND FISH.**



#21316

Why Low Calorie Electrolyte Drink?

- + Replenishes electrolytes lost during physical activity
- + Contains more electrolytes than the leading brand†
- + Clinically tested to hydrate better than water†
- + Includes natural electrolytes from coconut water powder
- + Only 1 g of added organic sugar to increase electrolyte absorption

The Shaklee Pure Performance Guarantee

- Guaranteed to be safe and free from banned substances
- No artificial flavors, sweeteners, or preservatives
- Non-GMO
- Star-K Kosher
- Gluten Free

†USING 2 STICK PACKS.

Shaklee®
Performance®

HYDRATE

Hydrates Better
Than Water

Low Calorie
Electrolyte Drink

20 STICKS
DRINK MIX

NET WT.
2.3 OZ. (66 g)
0.12 OZ. (3.3 g)
EACH



NATURAL
LEMON-LIME
FLAVORED

Shaklee®
Performance®

Low Calorie Electrolyte Drink

Clinically tested to hydrate better than water using an electrolyte blend that includes natural electrolytes from coconut water.† Provides the essential electrolytes your body needs without the extra sugar, calories, and artificial ingredients typically found in leading rehydration beverages.

For Best Results Also Try:

ENERGIZE

Zero Calorie Energy Drink
Boost Performance & Focus
#21307

BUILD

Advanced Physique®
100% Grass-Fed Whey Protein
#21313 / #21314

RECOVER

PM Recovery Complex
Recover Quicker
#21312

