Advanced Lactation Support*

Breastfeeding is the most natural way to feed a baby, and it provides the ideal form of rich nutrition for infants. With a potent combination of 17 herbs and nutrients including Fenugreek, Red Raspberry, Milk Thistle and more, Lactivate is an advanced postnatal lactation formula to help boost the quantity and quality of mom's milk supply. During healthy normal breastfeeding, prolactin levels rise, supporting healthy milk production. The ingredients in Lactivate support rich mother's milk for long-term lactation success*

You may need additional supplements to support a healthy diet; consult your nutritionist for a formula that is right for you or contact us at 877-ASK-ZAHLER (877-275-9245) or ask@zahlers.com.

KEEP OUT OF REACH OF CHILDREN.
Do not use if safety seal is damaged or missing.
If pregnant, nursing or on medication, consult with your healthcare practitioner.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

KOSHER PAREVE

UNDER THE STRICT SUPERVISION OF RABBI SH. STERN & THE ORTHODOX UNION

Non-GMO
GLUTEN FREE
DAIRY FREE
SOY FREE

STORE TIGHTLY CLOSED IN A COOL, DRY PLACE. REFRIGERATE AFTER OPENING

DIRECTIONS 002 V1

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advanced nutrition by ZAHLER

Lactivate™

Advanced Lactation Formula*

*Breastfeeding + Postnatal Support**

New & Improved Formula!

WOMEN'S HEALTH

Dietary Supplement

16 FL. OZ. (473 mL)

Liquid Formula

Feel Better, Everyday™

Supplement Facts

Serving Size: 3 Teaspoons
Servings Per Container: About 32

Amount per Serving		%DV*
Calories	45	
Total Carbohydrates	11 g	4%†
Vitamin C (as Ascorbic Acid)	500 mg	556%
Folate (as Calcium L-5-Methylfolate)	200 mcg DFE	50%
Choline (as Choline Bitartrate)	250 mg	45%
Red Raspberry (*Rubus idaeus*) Leaf Extract Herbal equivalent of 2,000 mg	667 mg	**
Inositol	350 mg	**
Dandelion (*Taraxicum officinale*) Leaf Extract Herbal equivalent of 1,000 mg	250 mg	**
Alfalfa (*Medicago sativa*) Leaf Extract Herbal equivalent of 600 mg	200 mg	**
Nettle (*Urtica dioica*) Leaf Extract Herbal equivalent of 1,000 mg	200 mg	**
Fennel (*Foeniculum vulgare*) Seed Extract Herbal equivalent of 1,000 mg	200 mg	**
Fenugreek (*Trigonella foenum-graecum*) Seed Extract Herbal equivalent of 1000 mg	200 mg	**
Blessed Thistle (*Cnicus benedictus*) Aerial Parts Extract Herbal equivalent of 500 mg	125 mg	**
Marshmallow (*Althaea officinalis*) Root Extract Herbal equivalent of 400 mg	100 mg	**
Milk Thistle (*Silybum marianum*) Seed Extract Herbal equivalent of 1,000 mg	91 mg	**
Shepherd's Purse (*Capsella bursa-pastoris*) Aerial Parts Extract Herbal equivalent of 500 mg	78 mg	**
Orange Peel (*Citrus aurantium*) Extract Herbal equivalent of 200 mg	67 mg	**
Goat's Rue (*Galega officinalis*) Aerial Parts Extract Herbal equivalent of 250 mg	63 mg	**
Monk's Pepper (*Vitex agnus-castus*) Whole Berry Extract Herbal equivalent of 250 mg	28 mg	**

* Daily Value (DV) is based on a 2,000 calorie diet.
** Daily Value (DV) not established.

Directions: Take 3 teaspoons daily preferably 1 ½ teaspoons twice a day with food, or as directed by your healthcare practitioner. May be mixed with water or juice. Shake well before use.

Other Ingredients: Kosher Vegetable Glycerin, Purified Water, Stevia Leaf Extract, Natural Orange Flavor, Natural Raspberry Flavor, Xanthan Gum, Citric Acid.

Distributed By:
Advanced Nutrition by Zahler®
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www.zahlers.com

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