

## Supports Mental Energy and Relaxation\*

Zahler KSM-66® Ashwagandha is a full-spectrum organic extract obtained from the root of the Ashwagandha (*Withania somnifera*) plant. An eight-week placebo-controlled clinical trial showed that 600 mg of KSM-66® Ashwagandha extract improved mental energy and promoted relaxation.\*

You may need additional supplements to support a healthy diet, consult your nutritionist for a formula that is right for you or contact us at 877-838-ZAHLER (877-275-9245) or [zahlers.com](http://zahlers.com).

**KEEP OUT OF REACH OF CHILDREN**  
Do not use if safety seal is damaged or missing.  
If pregnant, nursing or on medication, consult with your healthcare practitioner.

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



### Bulk Clean

Free of synthetic binders and fillers.

STORE TIGHTLY CLOSED  
IN A COOL, DRY PLACE.



# Ashwagandha 600

## Clinically Validated Dose

Supports Mental Energy and Relaxation\*

MIND &  
SPIRIT™



Dietary  
Supplement  
60 Capsules

Feel Better,  
Everyday™

### Directions:

Take 2 capsules daily, preferably 1 capsule twice a day with or without food, or as directed by a healthcare practitioner.

### Supplement Facts

Serving Size: 2 Capsules  
Servings Per Container: 30

Amount Per Serving	%DV
Organic Ashwagandha Root Extract KSM-66®	600 mg *

\*Daily Value (DV) not established.

**Other Ingredients:** Hypromellose (Capsule), Organic Rice Hull Concentrate.

Distributed By:  
Advanced Nutrition by Zahler®  
New Milford, NJ 07646  
[www.zahlers.com](http://www.zahlers.com)

KSM-66® is a registered trademark of Soreal Biomed Inc.