

Essential Fatty Acid Complex is 4Life's blend of omega-3 and omega-6 essential fatty acids from fish oil, borage seed oil, and flaxseed oil, plus conjugated linoleic acid (CLA) from safflower seed oil. This innovative formula supports multiple body systems, including cardiovascular and nervous systems.*

Essential Fatty Acid Complex es la mezcla de 4Life de ácidos grasos esenciales omega-3 y omega-6 provenientes del aceite de pescado, el aceite de semilla de borraja, y el aceite de linaza, además del ácido linoleico conjugado (CLA) del aceite de semilla de cártamo. Esta fórmula innovadora respalda los múltiples sistemas del cuerpo, incluyendo los sistemas cardiovascular y nervioso.*

A PRODUCT OF

4Life

Manufactured by:
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Item# 28095
011821US

KEEP OUT OF REACH OF CHILDREN.

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4LIFE
FUNDAMENTALS™



Essential Fatty Acid Complex

Brain* | Cardiovascular*



60 Softgels
Dietary supplement



DIRECTIONS: Take two (2) softgels twice a day with 8 oz of water.

Supplement Facts

Serving Size: Two (2) Softgels
Servings Per Container: 30

Amount Per Serving	% Daily Value*	
Calories	20	
Calories from Fat	15	
Total Fat	1.5 g	2%*
Saturated Fat	0 g	0%*
Trans Fat	0 g	
Total Carbohydrate	0 g	0%*
Total Sugars	0 g	
Protein	<1 g	1%*
Sodium	0 mg	0%*
Fish Oil Blend	1000 mg	**
(containing 500 mg EPA and DHA)		
Plant Oil Blend	597 mg	**
Flax (<i>Linum usitatissimum</i>) seed oil (Alpha Linolenic Acid (ALA))		
Borage (<i>Borago officinalis</i>) seed oil (Gamma Linolenic Acid (GLA))		
Safflower (<i>Carthamus tinctorius</i>) seed oil (Conjugated Linoleic Acid (CLA))		

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

OTHER INGREDIENTS: Gelatin, glycerin, purified water, and mixed tocopherols.

CONTAINS INGREDIENTS FROM SOY AND FISH.

