

# PROTOCOL

FOR LIFE BALANCE®

**SUGGESTED USAGE:** Mix or blend 1 level scoop (28 g) daily into 8 oz. of cold water, milk or your favorite juice, or as directed by your healthcare practitioner.

**HOW IT WORKS:** Whey Protein Isolate, the purest form of whey protein available, delivers all of the essential amino acids [including branched chain amino acids (BCAA's)] without adding significant amounts of fat or carbohydrate to the diet. Our Whey Protein Isolate mixes instantly, contains no artificial sweeteners or flavors, and is easily digested.

Whey protein is considered to have the highest Biological Value of any protein source – superior in essential amino acid content to beef, milk, casein or soy.

For more information on this product go to [www.protocolforlife.com/P2172](http://www.protocolforlife.com/P2172)

Formulated by doctors and clinical scientists exclusively for licensed healthcare practitioners.

**NOTICE:** Use this product as a food supplement only. Do not use for weight reduction.

Made in the USA

# Whey Protein Isolate

*Natural Unflavored*

No Artificial Ingredients

Mixes Instantly

Microfiltered for Improved BCAA Profile

Net Wt. 2 lbs. (907 g)



## Nutrition Facts

Serving Size 1 Level Scoop (28 g)  
Servings Per Container about 32

| Amount Per Serving       |                     |
|--------------------------|---------------------|
| Calories 110             | Calories from Fat 5 |
| % Daily Value*           |                     |
| Total Fat 0.5 g          | < 1%                |
| Saturated Fat 0 g        | 0%                  |
| Trans Fat 0 g            |                     |
| Cholesterol 5 mg         | 2%                  |
| Sodium 45 mg             | 2%                  |
| Potassium 135 mg         | 4%                  |
| Total Carbohydrate < 1 g | < 1%                |
| Dietary Fiber 0 g        | 0%                  |
| Sugars < 1 g             |                     |
| Protein 25 g             | 50%                 |

Vitamin A 0% • Vitamin C 0%  
Calcium 15% • Iron 0%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

|                    | 2,000<br>Calories | 2,500<br>Calories |
|--------------------|-------------------|-------------------|
| Total Fat          | Less than 65g     | 80g               |
| Sat. Fat           | Less than 20g     | 25g               |
| Cholesterol        | Less than 300mg   | 300mg             |
| Sodium             | Less than 2,400mg | 2,400mg           |
| Potassium          | Less than 3,500mg | 3,500mg           |
| Total Carbohydrate | 300g              | 375g              |
| Dietary Fiber      | 25g               | 30g               |
| Protein            | 50g               | 65g               |

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Microfiltered Whey Protein Isolate (including  $\beta$ -lactoglobulin,  $\alpha$ -lactalbumin, Immunoglobulins and Glycomacro Peptides) and Soy Lecithin (< 1%).

Contains milk and soy.

Distributed by  
Protocol For Life Balance®  
395 S. Glen Ellyn Rd.  
Bloomington, IL 60108, USA

## Typical Amino Acid Profile (example) (per serving)\*\*

| Essential Amino Acids     | mg Per 28 g Serving |
|---------------------------|---------------------|
| L-Isoleucine***           | 1568                |
| L-Leucine***              | 2716                |
| L-Lysine                  | 2716                |
| L-Methionine              | 560                 |
| L-Phenylalanine           | 812                 |
| L-Threonine               | 1706                |
| L-Tryptophan              | 448                 |
| L-Valine***               | 1288                |
| Non-Essential Amino Acids |                     |
| L-Alanine                 | 1288                |
| L-Arginine                | 588                 |
| L-Aspartic Acid           | 2716                |
| L-Cysteine                | 728                 |
| L-Glutamic Acid           | 4788                |
| Glycine                   | 448                 |
| L-Histidine               | 420                 |
| L-Proline                 | 1540                |
| L-Serine                  | 1036                |
| L-Tyrosine                | 756                 |

\*\* subject to natural variability

Not manufactured with wheat, gluten, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

\*\*\*Branched Chain Amino Acids

This product is sold by weight not volume.

Store in a cool, dry place after opening.

Please Recycle.

CODE P2172 V2



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