

SUGGESTED USE Consume two capsules daily with food or as recommended by a health care professional. This product is most effective as part of a healthy diet and active lifestyle, along with one of **ANDREW LESSMAN'S** multi-vitamin-mineral formulas. **For answers to questions about the use of this product call 800.800.1200.**

CAUTION Discontinue use if you are pregnant, nursing, taking anticoagulant drugs or having surgery.

UNSURPASSED.
Purity. Quality. Integrity. Effectiveness.



Andrew Lessman
Andrew Lessman
Founder of PROCAPS LABS

QUESTIONS? RE-ORDERS?
CALL 800.800.1200
www.PROCAPSLABS.com



430 Parkson Road • Henderson, NV 89011

MEMORY & BRAIN

with ACETYL L-CARNITINE™

VINPOCETINE • GINKGO • VITAMIN D₃
PANAX GINSENG • TURMERIC • BACOPA



360 Easy-to-Swallow Capsules

Andrew Lessman's MEMORY AND BRAIN WITH ACETYL L-CARNITINE (ALC) is our most comprehensive formula for maintaining optimum memory and brain function. A human being's defining feature is our brain's remarkable abilities; yet as we age, we all experience significant changes in memory and brain function. This formula is designed to provide a long list of natural tools to help support the retention of our brain's extraordinary abilities, particularly as we age. We begin with high levels of **ALC** – recognized for its many roles in healthy brain function. **ALC** efficiently delivers its critical energy benefits directly to the brain, while also playing a central role in the creation of **Acetylcholine** (our most vital neurotransmitter). **ALC** is an essential tool to help combat normal age-related changes in memory, concentration and mental acuity. Our brain requires an enormous and uninterrupted supply of energy, so we also include both **Ginkgo Biloba** and **Vinpocetine** to support healthy blood flow to the brain thereby ensuring the oxygen and nutrients required for optimum memory and brain function. Two additional ingredients – **Bacopa** and **Turmeric (Curcumin)** have a long history of use in Ayurvedic (Indian) Medicine offering targeted protection to the delicate tissues of the brain and an additional tool to help combat the normal age-related changes in mental function. To further support normal cognitive and memory function, while also promoting well-being, we also add a standardized extract of **Panax (Asian) Ginseng**. We also include **Vitamin D₃**, since Vitamin D receptors are most highly concentrated and active in the highest functioning areas of the brain. Aging is a challenging process and our **Memory and Brain with ALC** offers a uniquely comprehensive list of ingredients to help reduce the impact of the normal aging process on memory, concentration and mental acuity.

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO Milk, soy, yeast, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative, common allergens or manufacturing additive.

CONTAINS NO ADDITIVES OF ANY KIND.

Supplement Facts		Serving Size 2 Capsules
		Servings Per Container 180
Amount Per Serving		%DV*
Vitamin C (calcium ascorbate/ascorbyl palmitate)	30 mg	50%
Vitamin D ₃ (as cholecalciferol)	400 IU	100%
Vitamin B1 (as thiamin hydrochloride)	5 mg	333%
Vitamin B2 (as riboflavin)	5 mg	294%
Niacin (as niacinamide)	5 mg	25%
Vitamin B6 (as pyridoxine hydrochloride)	5 mg	250%
Folic Acid	50 mcg	13%
Vitamin B12 (as cyanocobalamin)	100 mcg	1667%
Pantothenic Acid (as calcium pantothenate)	5 mg	50%
Magnesium (as magnesium oxide)	100 mg	25%
Acetyl L-Carnitine (acetyl L-carnitine HCl)	500 mg	†
Bacopa Monniera, extract (leaf) standardized to 20% bacosides A & B	200 mg	†
Ginkgo Biloba, extract (leaf) 24% ginkgo flavone-glycosides and 6% terpene lactones	120 mg	†
Turmeric, extract (root) 95% curcuminoids	50 mg	†
Panax Ginseng, extract (leaf) 20% ginsenosides	40 mg	†
Vinpocetine	15 mg	†

* %DV are based on a 2,000 calorie diet. † DV not established.
Other Ingredients: Gelatin capsule, Proprietary Protective B12 Matrix.