

**SUGGESTED USE** Consume one or two capsules daily or as recommended by a health care professional. This product is most effective as part of a healthy diet and active lifestyle, along with one of **ANDREW LESSMAN'S** multi-vitamin-mineral formulas. **For answers to questions about the use of this product call 800.800.1200.**

**Note:** This product has a slight natural odor from its cruciferous vegetable extracts.

**UNSURPASSED.**

*Purity. Quality. Integrity. Effectiveness.*



*Andrew Lessman*  
**Andrew Lessman**  
 Founder of PROCAPS LABS

**QUESTIONS? RE-ORDERS?**  
**CALL 800.800.1200**  
**www.PROCAPSLABS.com**



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430 Parkson Road  
Henderson, NV 89011

**NATURAL HORMONE BALANCE**

# ULTIMATE WOMEN'S WELLNESS™

NATURALLY RELIEVES SYMPTOMS OF  
 MENOPAUSE • PERIMENOPAUSE • PMS





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360 Easy-to-Swallow Capsules

**Andrew Lessman's ULTIMATE WOMEN'S WELLNESS** is our most comprehensive formula to support the needs of women at all stages of life. It contains our highest levels of the key beneficial isoflavones from **Soy (Genistein and Daidzein)**. Research has shown that these natural isoflavones can help diminish the normal symptoms of menopause, such as hot flashes and night sweats. In addition to extensive research on hormonal balance, only **Soy** isoflavones have also been consistently shown to support bone and heart health. For centuries, **Soy** has been a staple food in the healthy Asian diet and **Ultimate Women's Wellness** is designed to provide the same balance of isoflavones present in the healthy Asian diet. We also include 400 IU of **Vitamin D3** and 100 mg of **Calcium** because of their critical roles in women's health, along with our special extract of **Green Tea** – Asia's traditional beverage. Our **Green Tea Extract** is standardized to provide 125 mg of **EGCG** - now viewed as the molecule responsible for **Green Tea's** many health benefits. We also include 75 mg of our new **Broccoli** extract standardized for high levels of **Sulforaphane**, which is now considered to be **Broccoli's** key beneficial molecule. We also add 75 mg of **Indole-3-Carbinol**, also found in healthy cruciferous vegetables, which has been shown to support normal estrogen activity and metabolism in breast tissue. We also include 250 mg of our special **Cranberry** concentrate, providing powerful support to a woman's urinary tract. Also included are high levels of **Lutein, Lycopene** and **Zeaxanthin**, because they are so important to the health of female tissues, while also lacking from our diet and most supplements. We also add high levels of our **B-Complex Vitamins**, including our uniquely protected and absorbable **B12**. All of these ingredients make our **Ultimate Women's Wellness** our most comprehensive choice for hormonal balance and wellness. This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**CONTAINS NO** Milk, yeast, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative or manufacturing additive.

**CONTAINS NO ADDITIVES OF ANY KIND.**

| Supplement Facts                                                                 |         | Serving Size 2 Capsules    |
|----------------------------------------------------------------------------------|---------|----------------------------|
| Amount Per Serving                                                               |         | Servings Per Container 180 |
|                                                                                  |         | %DV*                       |
| Vitamin D3 (as cholecalciferol)                                                  | 400 IU  | 100%                       |
| Vitamin B1 (as thiamin hydrochloride)                                            | 5 mg    | 333%                       |
| Vitamin B2 (as riboflavin)                                                       | 5 mg    | 294%                       |
| Niacin (as niacinamide)                                                          | 5 mg    | 25%                        |
| Vitamin B6 (as pyridoxine hydrochloride)                                         | 5 mg    | 250%                       |
| Folic Acid                                                                       | 50 mcg  | 13%                        |
| Vitamin B12 (as cyanocobalamin)                                                  | 100 mcg | 1667%                      |
| Biotin                                                                           | 50 mcg  | 17%                        |
| Pantothenic Acid (as calcium pantothenate)                                       | 5 mg    | 50%                        |
| Calcium (as calcium carbonate)                                                   | 100 mg  | 10%                        |
| Soybean, extract (ultra-concentrate) standardized to 40% isoflavones             | 175 mg  | †                          |
| Total Isoflavones                                                                | 70 mg   |                            |
| Green Tea, extract (leaf) standardized to 98% polyphenols                        | 250 mg  | †                          |
| EGCG (Epigallocatechin Gallate)                                                  | 125 mg  |                            |
| Cranberry, extract (fruit) standardized to 35% fruit acids/17:1 concentrate      | 250 mg  | †                          |
| Indole-3-Carbinol                                                                | 75 mg   | †                          |
| Broccoli, extract (sprout/seed) standardized to 1.2% sulforaphane glucosinolates | 75 mg   | †                          |
| Lutein                                                                           | 2 mg    | †                          |
| Lycopene                                                                         | 1 mg    | †                          |
| Zeaxanthin                                                                       | 250 mcg | †                          |
| Genistein                                                                        | 33 mg   |                            |
| Daidzein                                                                         |         | 30 mg                      |

\* %DV are based on a 2,000 calorie diet. † DV not established.

Other Ingredients: Gelatin capsule, Proprietary Protective B12 Matrix.