

SUGGESTED USE: As a dietary supplement, take 1-2 capsules with 8-16 oz. of water, once or twice a day - once in the morning and/or once in the afternoon. Drink at least 6 to 8 glasses of water daily. For best results, use with a combined diet and training program under professional supervision. **DO NOT EXCEED RECOMMENDED DOSAGE.**

WARNING: NOT FOR USE BY INDIVIDUALS UNDER THE AGE OF 18. DO NOT USE IF YOU HAVE FREQUENT DIARRHEA OR ARE PREGNANT, EXPECT TO BECOME PREGNANT, OR NURSING. Do not use this product if you have any serious medical condition. Before using this product, consult with a licensed, qualified, health care professional, including but not limited to, if you suspect you have or have been treated for, diagnosed with or have a family history of any medical condition, or if you are using any prescription or over the counter medication. Do not use if you have or develop diarrhea, loose stool or abdominal pain. Immediately discontinue use and contact a medical doctor if you experience any adverse reaction to this product. Discontinue use 2 weeks prior to surgery. **DO NOT CONSUME MORE THAN 4 CAPSULES IN ANY 24-HOUR PERIOD. DO NOT CONSUME WITH ALCOHOL. KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

This product may contain ingredients banned by certain organizations. User assumes all risks, liabilities or consequences regarding testing.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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**MADE IN THE
USA**
WITH DOMESTIC
& INTERNATIONAL
INGREDIENTS

EVOKEN

LIGHT & TIGHT™

**14-DAY DIGESTIVE
CLEANSE & DETOX†**

MAXIMUM

- > **WASTE REMOVAL†**
- > **BLOAT REDUCTION†**
- > **REGULARITY†**

DIETARY SUPPLEMENT
28 Capsules

Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 14

	Amount Per Serving	%DV*
Magnesium (as Magnesium Citrate)	210 mg	50%
Clean & Detox Matrix	800 mg	**
Senna extract (leaf)(4:1), Burdock extract (root) (Arctium Lappa), Fennel extract (seed) (Foeniculum vulgare), Aloe Vera Juice powder (200:1), Cascara sagrada extract (bark) (Rhamnus Purshiana), Peppermint powder		
PreforPro® LH01 Myoviridae, LL5, Siphoviridae, T4D Myoviridae, LL12 Myoviridae	15 mg	**

*Percent daily values are based on a 2,000 calorie diet.

**Percent daily value not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Magnesium Stearate, Hypromellose (Vegetable Capsules).

ALLERGEN WARNING: This product produced in a facility that also processes soy, fish, shellfish, milk, peanuts, true nuts wheat, and eggs.