

amazon elements



Organic



Vegan



Gluten free

Organic Whole Food[®]

MEN'S
MULTI

Supports optimal health and well-being[†]

98% Whole Food Source | Dietary and other ingredients derived from whole foods

60 TABLETS
DIETARY SUPPLEMENT



Supplement Facts

Serving Size 2 Tablets
Servings Per Container 30

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (from Organic Whole Food Complex Blend)	900 mcg (3,000 IU) 100%	Pantoic Acid (from Organic Whole Food Complex Blend)	5 mg 100%
Vitamin C (from Organic Whole Food Complex Blend & organic acerola extract)	90 mg 100%	Zinc (from Organic Whole Food Complex Blend)	3.9 mg 35%
Vitamin D3 (from Organic Whole Food Complex Blend & organic algae)	25 mcg (1,000 IU) 125%	Selenium (from Organic Whole Food Complex Blend)	55 mcg 100%
Vitamin E (from Organic Whole Food Complex Blend & as d-alpha-tocopheryl succinate)	15 mg 100%	Manganese (from manganese chelate & Organic Whole Food Complex Blend)	0.6 mg 35%
Vitamin K (from Organic Whole Food Complex Blend)	75 mcg 63%	Chromium (from Organic Whole Food Complex Blend)	35 mcg 100%
Thiamine (from Organic Whole Food Complex Blend)	1.38 mg 115%	Organic Whole Food Complex Blend	970 mg *
Riboflavin (from Organic Whole Food Complex Blend)	1.5 mg 115%	Organic Amla Extract, Organic Moringa Extract, Organic Holy Basil,	
Niacin (as niacinamide & from Organic Whole Food Complex Blend)	18.4 mg 115%	Organic Tea Extract, Organic Sunflower Seed Kernel, Organic Carrot	
Vitamin B6 (as pyridoxine hydrochloride & from Organic Whole Food Complex Blend)	9.5 mg 500%	Extract, Organic Spinach Extract, Organic Shiitake Extract, Organic	
Folate (from Organic Whole Food Complex Blend)	400 mcg DFE 100%	Curry Leaf Extract, Organic Coconut Extract, Organic Parsley Extract,	
Vitamin B12 (as methylcobalamin & from Organic Whole Food Complex Blend)	7.2 mcg 300%	Organic Achillea Extract, Organic Lichen, Organic Garlic Extract	
Biotin (as biotin & from Organic Whole Food Complex Blend)	120 mcg 400%	Organic Men's Herbal Blend	265 mg *
		Organic Maca Root Powder, Organic Pumpkin Seed Powder	

* Daily Value not established

OTHER INGREDIENTS: ORGANIC AGAVE INULIN POWDER, ORGANIC PEA STARCH, ORGANIC TAPIOCA DEXTROSE, ORGANIC MEDIUM CHAIN TRIGLYCERIDES, ORGANIC COATING (ORGANIC TAPIOCA MALTODEXTRIN, ORGANIC SUNFLOWER LECITHIN, ORGANIC PALM OIL, ORGANIC GUAR GUM), SILICA.

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CERTIFIED ORGANIC BY: QAI

BLENDED AND PACKAGED IN THE USA

SUGGESTED ADULT USE: TAKE 2 TABLETS DAILY WITH FOOD AS DIETARY SUPPLEMENT, OR AS DIRECTED BY A HEALTH CARE PROFESSIONAL.

KEEP OUT OF REACH OF CHILDREN.

INFORM YOUR PHYSICIAN OF THIS PRODUCT'S BIOTIN CONTENT BEFORE ANY LAB TEST.

STORE IN A COOL, DRY PLACE AWAY FROM DIRECT LIGHT.

LM1733, AZ828 (SP1022)

P-01464

