

AT THE HEART OF ORGANIC INDIA

is our commitment to be a living embodiment
of love and consciousness in action.

Whole herb solutions grown sustainably by small family
farmers using regenerative organic agriculture.

➔ **HEALTHY CONSCIOUS LIVING** ➔

PSYLLIUM is a plant-based prebiotic fiber that
supports the gastrointestinal tract and promotes
healthy elimination.*

Suggested Use: Take 5 capsules with at least 10 oz of water or
juice, 2 times daily. Drinking an additional glass of water
afterwards is advisable to ensure hydration.

If pregnant or nursing, consult a physician before use.

Vegan • Vegetarian • Gluten Free

⚠ WARNING: Reproductive Harm - www.P65Warnings.ca.gov

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.



ORGANIC PSYLLIUM FIBER

Supports Digestive Health*

DIETARY SUPPLEMENT
180 VEG CAPS



Certified



➔ **HEALTHY CONSCIOUS LIVING** ➔

Supplement Facts

Serving Size 5 capsules
Servings Per Container 36

Amount Per Serving	% Daily Value
Calories 10	
Total Carbohydrate 2.2g	1%**
Dietary Fiber 2.2g	7%**
Soluble Fiber 1.6g	†
Insoluble Fiber 0.6g	†
Organic Whole Husk Psyllium (seed husk) (<i>Plantago ovata</i>) 2.6g	†

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established

Other ingredients: Organic Vegetable Pullulan Capsules.

Mfd. by **ORGANIC INDIA Pvt. Ltd.**
Factory: C-5/10, Agro Park Phase-II
UPSIDC Industrial Area, Kursi Road
Barabanki-225302, Uttar Pradesh, India
PRODUCT OF INDIA FOR EXPORT TO USA ONLY



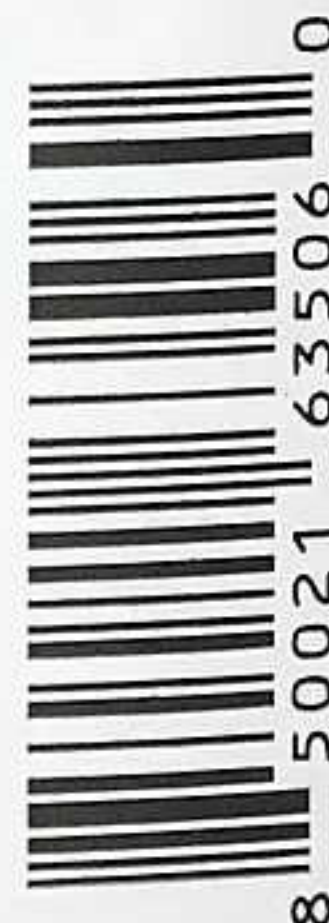
Certified Organic by Control Union-CU 801983.
Product produced and processed according to
USDA-NOP standard.

NPOP/NAB/0010 www.controlunion.com

Distributed by: **ORGANIC INDIA USA**
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OrganicindiaUSA.Com

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Certified



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