THE OBJECTIVE:

THE BODY IS MADE UP OF APPROXIMATELY 70% WATER AND NO REACTION HAPPENS IN THE BODY WITHOUT IT. MAKING SURE YOU STAY PROPERLY HYDRATED IS CRUCIAL TO PERFORMANCE AND A WELL-FUNCTIONING BODY, TO STAY PROPERLY HYDRATED. MAKE SURE YOU ALWAYS HAVE YOUR CANTEEN. CANTEEN IS A PERFORMANCE HYDRATION POWDER, DESIGNED TO PROVIDE YOUR BODY WITH THE NECESSARY VITAMINS AND ELECTROLYTES NEEDED TO KEEP THE BODY HYDRATED AND FUNCTIONING AT ITS HIGHEST STATE OF READINESS.†

CANTEEN® SUGGESTED USE:

FOR BEST RESULTS, MIX (1) SCOOP OF CANTEEN WITH 8-12 OUNCES OF WATER OR YOUR FAVORITE BEVERAGE AND CONSUME DURING YOUR WORKOUT OR ATHLETIC EVENT. CANTEEN CAN BE TAKEN ON TRAINING AND NON-TRAINING DAYS.

† Those statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.





30 SERVINGS



HYDRATION[®]



REFRESH & RESTART [†]

HYDRATION + ELECTROLYTES[†]

DIETARY SUPPLEMENT Net Wt. 13.12 oz (372g)



ORANGE CRUSH NATURALLY AND ARTIFICIALLY FLAVORED





*Percent Daily Values (DV) are based on a 2.000 calorie diet

Supplement Facts

Serving Size: 1 Scoop (12.4g) Servings Per Container: 30

9 A	mount Per Serv.	%
Calories	20	
Total Carbohydrate	5g	2
Total Sugars	4g	4
Includes 4g Added Sugars	000	8
Vitamin C (as Ascorbic Acid)	90mg	10
Niacin (as Niacinamide)	16mg	10
Vitamin B6 (as Pyridoxine HCI)	1.7mg	10
Folate	400mcg DFE	10
	235.3 mcg folic acid)	
Vitamin B12 (as Methylcobalamin)	2.4mcg	10
Biotin	30mcg	10
Pantothenic acid (as D-Calcium Pan	tothenate) 5mg	10
Magnesium (as Magnesium Citrate)	40mg	1
Zinc (as Zinc Citrate)	5.5mg	5
Sodium (as Sodium Citrate and Sea	Salt) 300mg	1
Potassium (as Potassium Citrate)	300mg	-
Dextrose	4000ma	
Taurine	1000mg	
Coconut Fruit Water Powder	500mg	
Hyaluronic Acid (as Sodium Hyaluron		

Other Ingredients: Citric Acid, Malic Acid, Natural and Artificial Flavor, Calcium Silicate, Sucralose, Silicon Dioxide, Beta-Carotene (for Color), Vegetable Powder

Contains: Tree Nuts (Coconut)

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