

THE OBJECTIVE:

THE BODY IS MADE UP OF APPROXIMATELY 70% WATER AND NO REACTION HAPPENS IN THE BODY WITHOUT IT. MAKING SURE YOU STAY PROPERLY HYDRATED IS CRUCIAL TO PERFORMANCE AND A WELL-FUNCTIONING BODY. TO STAY PROPERLY HYDRATED, MAKE SURE YOU ALWAYS HAVE YOUR CANTEEN. CANTEEN IS A PERFORMANCE HYDRATION POWDER, DESIGNED TO PROVIDE YOUR BODY WITH THE NECESSARY VITAMINS AND ELECTROLYTES NEEDED TO KEEP THE BODY HYDRATED AND FUNCTIONING AT ITS HIGHEST STATE OF READINESS.†

CANTEEN® SUGGESTED USE:

FOR BEST RESULTS, MIX (1) SCOOP OF CANTEEN WITH 8-12 OUNCES OF WATER OR YOUR FAVORITE BEVERAGE AND CONSUME DURING YOUR WORKOUT OR ATHLETIC EVENT. CANTEEN CAN BE TAKEN ON TRAINING AND NON-TRAINING DAYS.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



REDCON1

HYDRATION†



30 SERVINGS

CANTEEN®

REFRESH & RESTART†

HYDRATION + ELECTROLYTES†

DIETARY SUPPLEMENT
Net Wt. 13.23 oz (375g)



CHERRY LIME BLAST
NATURALLY AND ARTIFICIALLY FLAVORED

★ ELECTROLYTES ★ REFUEL† ★ RECOVER†

Supplement Facts

Serving Size: 1 Scoop (12.5g)
Servings Per Container: 30

	Amount Per Serv.	%DV
Calories	20	
Total Carbohydrate	5g	2%*
Total Sugars	4g	**
Includes 4g Added Sugars		8%*
Vitamin C (as Ascorbic Acid)	90mg	100%
Niacin (as Niacinamide)	16mg	100%
Vitamin B6 (as Pyridoxine HCl)	1.7mg	100%
Folate	400mcg DFE	100%
	(235.3 mcg folic acid)	
Vitamin B12 (as Methylcobalamin)	2.4mcg	100%
Biotin	30mcg	100%
Pantothenic acid (as D-Calcium Pantothenate)	5mg	100%
Magnesium (as Magnesium Citrate)	40mg	10%
Zinc (as Zinc Citrate)	5.5mg	50%
Sodium (as Sodium Citrate and Sea Salt)	300mg	13%
Potassium (as Potassium Citrate)	300mg	6%
Dextrose	4000mg	**
Taurine	1000mg	**
Coconut Fruit Water Powder	500mg	**
Hyaluronic Acid (as Sodium Hyaluronate)	100mg	**

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value (DV) not established.

Other Ingredients: Citric Acid, Malic Acid, Natural and Artificial Flavor, Calcium Silicate, Sucralose, Silicon Dioxide, Beet Root Powder (for Color).

Contains: Tree Nuts (Coconut)

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V.1.2

STORE AT 59-86°F (15-30°C). PROTECT FROM LIGHT AND MOISTURE. PRODUCT DOES NOT COMPLETELY FILL CONTAINER. SETTLING OCCURS IN SHIPPING.

WARNING: This product is intended to be consumed by healthy adults 18 years of age or older. Do not use if you are pregnant, nursing, taking any prescription or over-the-counter medications or supplements, or if you have or suspect you may have a medical condition. As with any dietary supplement, consult a healthcare professional before using this product. Discontinue 2 weeks prior to surgery. Immediately discontinue use and consult a healthcare professional if you experience any adverse reactions. KEEP OUT OF REACH OF CHILDREN.

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