

THE OBJECTIVE:

THE BODY IS MADE UP OF APPROXIMATELY 70% WATER AND NO REACTION HAPPENS IN THE BODY WITHOUT IT. MAKING SURE YOU STAY PROPERLY HYDRATED IS CRUCIAL TO PERFORMANCE AND A WELL-FUNCTIONING BODY. TO STAY PROPERLY HYDRATED, MAKE SURE YOU ALWAYS HAVE YOUR CANTEEN. CANTEEN IS A PERFORMANCE HYDRATION POWDER, DESIGNED TO PROVIDE YOUR BODY WITH THE NECESSARY VITAMINS AND ELECTROLYTES NEEDED TO KEEP THE BODY HYDRATED AND FUNCTIONING AT ITS HIGHEST STATE OF READINESS.†

CANTEEN® SUGGESTED USE:

FOR BEST RESULTS, MIX (1) SCOOP OF CANTEEN WITH 8-12 OUNCES OF WATER OR YOUR FAVORITE BEVERAGE AND CONSUME DURING YOUR WORKOUT OR ATHLETIC EVENT. CANTEEN CAN BE TAKEN ON TRAINING AND NON-TRAINING DAYS.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



REDCON1

HYDRATION†

REDCON1

30 SERVINGS

CANTEEN®

REFRESH & RESTART†

HYDRATION + ELECTROLYTES†

DIETARY SUPPLEMENT
Net Wt. 13.23 oz (375g)

STRAWBERRY LEMONADE
NATURALLY AND ARTIFICIALLY FLAVORED

★ ELECTROLYTES ★ REFUEL† ★ RECOVER†

Supplement Facts

Serving Size: 1 Scoop (12.5g)
Servings Per Container: 30

	Amount Per Serv.	%DV
Calories	20	
Total Carbohydrate	5g	2%*
Total Sugars	4g	**
Includes 4g Added Sugars		8%*
Vitamin C (as Ascorbic Acid)	90mg	100%
Niacin (as Niacinamide)	16mg	100%
Vitamin B6 (as Pyridoxine HCl)	1.7mg	100%
Folate	400mcg DFE	100%
(235.3 mcg folic acid)		
Vitamin B12 (as Methylcobalamin)	2.4mcg	100%
Biotin	30mcg	100%
Pantothenic acid (as D-Calcium Pantothenate)	5mg	100%
Magnesium (as Magnesium Citrate)	40mg	10%
Zinc (as Zinc Citrate)	5.5mg	50%
Sodium (as Sodium Citrate and Sea Salt)	300mg	13%
Potassium (as Potassium Citrate)	300mg	6%
Dextrose	4000mg	**
Taurine	1000mg	**
Coconut Fruit Water Powder	500mg	**
Hyaluronic Acid (as Sodium Hyaluronate)	100mg	**

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value (DV) not established.

Other Ingredients: Citric Acid, Malic Acid, Natural and Artificial Flavor, Calcium Silicate, Sucralose, Silicon Dioxide, Vegetable Powder (for Color).

Contains: Tree Nuts (Coconut)

DISTRIBUTED BY REDCON1, LLC 701 Park of Commerce Blvd., Suite 101, Boca Raton, FL 33487
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STORE AT 59-86°F (15-30°C). PROTECT FROM LIGHT AND
MOISTURE. PRODUCT DOES NOT COMPLETELY FILL CONTAINER.
SETTLING OCCURS IN SHIPPING.



WARNING: This product is intended to be consumed by healthy adults 18 years of age or older. Do not use if you are pregnant, nursing, taking any prescription or over-the-counter medications or supplements, or if you have or suspect you may have a medical condition. As with any dietary supplement, consult a healthcare professional before using this product. Discontinue 2 weeks prior to surgery. Immediately discontinue use and consult a healthcare professional if you experience any adverse reactions. KEEP OUT OF REACH OF CHILDREN.

V1.2

REDCON1.COM

