

VANILLA MILKSHAKE  
NATURALLY AND ARTIFICIALLY FLAVORED

REFRIGERATE  
AFTER OPENING

MRE  
READY TO DRINK  
REAL WHOLE FOOD



MRE®

PROTEIN SHAKE

REAL WHOLE FOOD

40g  
OF PROTEIN  
PER CARTON

0g SUGAR  
230 CALORIES  
PER CARTON



PROTEIN SHAKE  
NOT A LOW-CALORIE FOOD  
16.9 fl. oz. (500ml)

VANILLA MILKSHAKE  
NATURALLY AND ARTIFICIALLY FLAVORED

40g  
OF PROTEIN  
PER  
CARTON



0g  
SUGAR



ANIMAL  
BASED  
PROTEINS

REDCON1.COM



NOTICE: NOT A LOW-CALORIE FOOD.  
USE THIS PRODUCT AS A FOOD SUPPLEMENT ONLY.  
DO NOT USE FOR WEIGHT REDUCTION.

### Nutrition Facts

Approx. 2 servings per container  
Serving Size 8 fl oz (240ml)

Calories	Per serving		Per carton	
	110	%DV*	230	%DV*
Total Fat	3g	4%	6g	8%
Saturated Fat	1g	5%	2.5g	13%
Trans Fat	0g		0g	
Cholesterol	0mg	0%	0mg	0%
Sodium	190mg	8%	410mg	18%
Total Carbohydrate	3g	1%	6g	2%
Dietary Fiber	1g	4%	1g	4%
Total Sugars	0g		0g	
Includes Added Sugars	0g	0%	0g	0%
Protein	19g	38%	40g	80%
Vitamin D	0mcg	0%	0mcg	0%
Calcium	10mg	0%	20mg	2%
Iron	0.7mg	4%	1.4mg	8%
Potassium	280mg	6%	580mg	10%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Water, Protein Blend (Beef Protein Isolate, Pea Protein, Brown Rice Protein, Egg White Protein), Maltodextrin, Sunflower Oil, Medium Chain Triglycerides, DiPotassium Phosphate, Sunflower Lecithin, Natural and Artificial Flavors, Inulin, Gum Blend (Cellulose Gum, Gellan Gum, Locust Bean Gum), Sea Salt, Acesulfame Potassium, Sucralose.

Contains Egg, Milk.  
DISTRIBUTED BY: REDCON1, LLC  
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