

MILK CHOCOLATE  
NATURALLY AND ARTIFICIALLY FLAVORED



REFRIGERATE  
AFTER OPENING

REDCON1.COM



40g  
OF PROTEIN  
PER  
CARTON



ANIMAL  
BASED  
PROTEINS

MRE

REAL WHOLE FOOD

READY TO DRINK



MRE<sup>®</sup>

PROTEIN SHAKE

REAL WHOLE FOOD

40g  
OF PROTEIN  
PER CARTON

0g  
SUGAR  
PER CARTON

230  
CALORIES  
PER CARTON



PROTEIN SHAKE  
NOT A LOW CALORIE FOOD  
16.9 fl. oz. (500ml)

MILK  
CHOCOLATE  
NATURALLY AND ARTIFICIALLY FLAVORED

## Nutrition Facts

Approx. 2 servings per container  
Serving Size

8 fl oz (240ml)

### Calories

Per serving  
**110**

Per carton  
**230**

|                       | %DV*      | %DV*      |
|-----------------------|-----------|-----------|
| Total Fat             | 3g 4%     | 6g 8%     |
| Saturated Fat         | 1.5g 8%   | 3g 15%    |
| Trans Fat             | 0g        | 0g        |
| Cholesterol           | 0mg 0%    | 0mg 0%    |
| Sodium                | 220mg 10% | 450mg 20% |
| Total Carbohydrate    | 3g 1%     | 6g 2%     |
| Dietary Fiber         | 1g 4%     | 2g 7%     |
| Total Sugars          | 0g        | 0g        |
| Includes Added Sugars | 0g 0%     | 0g 0%     |
| Protein               | 19g 38%   | 40g 80%   |
| Vitamin D             | 0mcg 0%   | 0mcg 0%   |
| Calcium               | 10mg 0%   | 30mg 2%   |
| Iron                  | 1.5mg 8%  | 3.1mg 15% |
| Potassium             | 390mg 8%  | 820mg 15% |

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Water, Protein Blend (Beef Protein Isolate, Pea Protein, Brown Rice Protein, Egg White Protein), Alkalinized Cocoa Powder, Sunflower Oil, Maltodextrin, Medium Chain Triglycerides, DiPotassium Phosphate, Sunflower Lecithin, Gum Blend (Cellulose Gum, Gellan Gum, Locust Bean Gum), Natural and Artificial Flavors, Sea Salt, Acesulfame Potassium, Sucralose.

Contains Eggs, Milk.

DISTRIBUTED BY: REDCON1, LLC  
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NOTICE: NOT A LOW-CALORIE FOOD.  
USE THIS PRODUCT AS A FOOD SUPPLEMENT ONLY.  
DO NOT USE FOR WEIGHT REDUCTION.