

THE OBJECTIVE:

THE MOST IMPORTANT FUEL YOU CAN GIVE YOUR BODY IS REAL WHOLE FOODS. WE CREATED MRE TO PROVIDE YOUR BODY WITH THE BEST FUEL POSSIBLE. IN THE MILITARY, MRES ARE FOOD RATIONS THAT GIVE THE SOLDIERS THE NUTRIENTS THEY NEED TO SURVIVE ON A MISSION. WITH MRE WE HAVE GIVEN YOU THE FUEL YOU NEED TO REPAIR AND RECOVER AFTER WORKOUTS FROM HIGH QUALITY WHOLE FOOD SOURCES. STOP REACHING FOR FAST FOOD AND REACH FOR WHOLE FOODS WITH MRE.



MRE<sup>®</sup> SUGGESTED USE:

FOR ADDED DIETARY PROTEIN OR A MEAL REPLACEMENT, MIX (1) SERVING OF MRE WITH 14-16 OUNCES OF WATER OR YOUR FAVORITE BEVERAGE, SHAKE WELL AND CONSUME.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction. This product is intended to be consumed by healthy adults 18 years of age or older.

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MEAL REPLACEMENT



25 SERVINGS

MEAL REPLACEMENT  
POWDER DRINK MIX

Net Wt. 7.47 lb (3,387.5g)  
SOLD BY WEIGHT NOT VOLUME

MRE<sup>®</sup>

REAL WHOLE FOOD

MEAL REPLACEMENT



STRAWBERRY SHORTCAKE  
NATURALLY AND ARTIFICIALLY FLAVORED

★ MEAL REPLACEMENT ★ WHOLE FOOD SOURCES ★ NO WHEY PROTEIN

Nutrition Facts

25 servings per container  
Serving Size 4 Scoops (135.5g)

Amount Per Serving  
Calories 520

|                          | % Daily Value* |
|--------------------------|----------------|
| Total Fat 7g             | 9%             |
| Saturated Fat 2g         | 10%            |
| Trans Fat 0g             |                |
| Polyunsaturated Fat 2.5g |                |
| Monounsaturated Fat 2g   |                |
| Cholesterol 5mg          | 2%             |
| Sodium 320mg             | 14%            |
| Total Carbohydrate 61g   | 22%            |
| Dietary Fiber 6g         | 21%            |
| Total Sugars 2g          |                |
| Includes 0g Added Sugars | 0%             |
| Protein 51g              | 102%           |
| Vitamin D 0mcg           | 0%             |
| Calcium 415mg            | 30%            |
| Iron 4mg                 | 20%            |
| Potassium 338mg          | 8%             |

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Oat Flour, Whole Food Protein Blend (Beef Protein, Salmon Protein, Chicken Protein, Egg Albumin, Rice Protein, Pea Protein), Pea Starch, Whole Milk Powder (for texture), Natural and Artificial Flavor, Wild Yam Root Powder, Purple Sweet Potato Powder, Medium Chain Triglyceride Oil Powder, Xanthan Gum, Cellulose Gum, Sucralose, Salt, Acesulfame Potassium.

Contains: Egg, Fish (Salmon), Milk

Allergen Warning: Manufactured on shared equipment which processes products containing Milk, Egg, Soy, Peanuts, Tree Nuts, Wheat, Shellfish and Fish.

DISTRIBUTED BY: REDCON1, LLC  
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Settling may occur. Keep in a cool, dry place. Store at 59-86°F (15-30°C).



V. 1.1