

THE OBJECTIVE:

THE MOST IMPORTANT FUEL YOU CAN GIVE YOUR BODY IS REAL WHOLE FOODS. WE CREATED MRE TO PROVIDE YOUR BODY WITH THE BEST FUEL POSSIBLE. IN THE MILITARY, MRES ARE FOOD RATIONS THAT GIVE THE SOLDIERS THE NUTRIENTS THEY NEED TO SURVIVE ON A MISSION. WITH MRE WE HAVE GIVEN YOU THE FUEL YOU NEED TO REPAIR AND RECOVER AFTER WORKOUTS FROM HIGH QUALITY WHOLE FOOD SOURCES. STOP REACHING FOR FAST FOOD AND REACH FOR WHOLE FOODS WITH MRE.



MRE® SUGGESTED USE:

FOR ADDED DIETARY PROTEIN OR A MEAL REPLACEMENT, MIX (1) SERVING OF MRE WITH 14-16 OUNCES OF WATER OR YOUR FAVORITE BEVERAGE, SHAKE WELL AND CONSUME.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction. This product is intended to be consumed by healthy adults 18 years of age or older.

MEAL REPLACEMENT

REDCON1

25 SERVINGS

MRE®

REAL WHOLE FOOD

MEAL REPLACEMENT



MEAL REPLACEMENT
POWDER DRINK MIX

Net Wt. 7.44 lb (3,375g)

SOLD BY WEIGHT NOT VOLUME

BANANA NUT BREAD
WITH OTHER NATURAL FLAVORS

NOTICE: Use this Product as a food supplement only. Do not use for weight reduction.

★ MEAL REPLACEMENT ★ WHOLE FOOD SOURCES ★ NO WHEY PROTEIN

Nutrition Facts

25 servings per container

Serving Size

4 Scoops (135g)

Amount Per Serving

Calories

520

% Daily Value*

Total Fat 7g	9%
Saturated Fat 2g	10%
Trans Fat 0g	
Polyunsaturated Fat 2.5g	
Monounsaturated Fat 2g	
Cholesterol 5mg	2%
Sodium 320mg	14%
Total Carbohydrate 61g	22%
Dietary Fiber 6g	21%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 51g	102%
Vitamin D 0mcg	0%
Calcium 407mg	30%
Iron 4mg	20%
Potassium 336mg	8%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

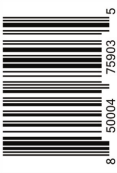
Ingredients: Oat Flour, Whole Food Protein Blend (Beef Protein, Salmon Protein, Chicken Protein, Egg Albumin, Rice Protein, Pea Protein), Pea Starch, Whole Milk Powder (for texture), Natural Flavor, Wild Yam Powder, Purple Sweet Potato Powder, Medium Chain Triglyceride Oil Powder, Cellulose Gum, Xanthan Gum, Sucralose, Salt, Acesulfame Potassium.

Contains: Egg, Fish (Salmon), Milk

Allergen Warning: Manufactured on shared equipment which processes products containing Milk, Egg, Soy, Peanuts, Tree Nuts, Wheat, Shellfish and Fish.

DISTRIBUTED BY: REDCON1, LLC
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Settling may occur. Keep in a cool, dry place. Store at 59-86°F (15-30°C).



V. 1.1