

## THE OBJECTIVE:

OUR WHOLE FOOD MEAL REPLACEMENT POWDER MRE IS NOW AVAILABLE IN LOWER CALORIES – INTRODUCING MRE LITE. MRE LITE DELIVERS THE SAME GREAT TASTE AND WHOLE FOOD SOURCES AS OUR ORIGINAL MRE FORMULA, BUT WITH MUCH LESS CARBOHYDRATES, IDEAL FOR THE PERSON KEEPING A CLOSE AND WATCHFUL EYE ON THEIR MACRONUTRIENTS. THAT MEANS IF YOU’RE DIETING AND ON RESTRICTED CALORIES, YOU TOO CAN ENJOY THE ONE-OF-A-KIND, WHOLE FOOD MEAL REPLACEMENT POWDER MRE LITE.



## MRE LITE® SUGGESTED USE:

FOR ADDED DIETARY PROTEIN, A BRIDGE BETWEEN MEALS OR A PROTEIN-RICH SNACK, MIX (1) SCOOP OF MRE LITE® WITH 4-6 OUNCES OF YOUR FAVORITE BEVERAGE, SHAKE WELL AND CONSUME.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction. This product is intended to be consumed by healthy adults 18 years of age or older.

ANIMAL PROTEIN SOURCES

REDCON1

30 SERVINGS

# MRE LITE®

REAL WHOLE FOOD

ANIMAL BASED PROTEIN



ANIMAL PROTEIN POWDER DRINK MIX  
NET WT. 1.92 lb (870g)

SOLD BY WEIGHT NOT VOLUME

VANILLA MILKSHAKE  
NATURALLY AND ARTIFICIALLY FLAVORED

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★ NO WHEY PROTEIN ★ 2G OF SUGAR PER SERVING ★ MIXES EASILY

## Nutrition Facts

30 servings per container

Serving Size

1 Scoop (29g)

Amount Per Serving

Calories

130

% Daily Value\*

Total Fat 2g 3%

Saturated Fat 1g 5%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 85mg 4%

Total Carbohydrate 4g 1%

Dietary Fiber 1g 4%

Total Sugars 2g

Includes 0g Added Sugars 0%

Protein 24g 48%

Vitamin D 0mcg 0%

Calcium 24mg 2%

Iron 2mg 25%

Potassium 125mg 2%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Whole Food Protein Blend (Beef Protein Isolate, Salmon Protein, Chicken Protein, Egg Albumin, Brown Rice Protein, Pea Protein) Natural and Artificial Flavors, Milk Creamer (for texture), Cellulose Gum, Coconut Water Powder, Medium Chain Triglyceride (MCT) Oil Powder, Maltodextrin, Salt, Sucralose, Acesulfame-k.

Contains: Egg, Fish (Salmon), Tree Nuts (Coconut), Milk.

Allergen Warning: Manufactured on shared equipment which processes products containing Soy, Wheat, Shellfish, Fish, and Peanuts.

DISTRIBUTED BY: REDCON1, LLC  
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Settling may occur. Keep in a cool dry place. Store at 59-86°F (15-30°C)



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WWW.REDCON1.COM