

COOKIES & CREAM
NATURALLY AND ARTIFICIALLY FLAVORED



REFRIGERATE
AFTER OPENING

RED CON 1

REDCON1.COM



40g
OF PROTEIN
PER CARTON



0g
SUGAR



ANIMAL
BASED
PROTEINS

MRE[®]

READY TO DRINK
REAL WHOLE FOOD

MRE[®]
PROTEIN SHAKE

REAL WHOLE FOOD

40g
OF PROTEIN
* PER CARTON

0g

SUGAR
PER CARTON

230

CALORIES
PER CARTON

PROTEIN SHAKE
NOT A LOW CALORIE FOOD
16.9 fl. oz. (500mL)

COOKIES
& CREAM
NATURALLY & ARTIFICIALLY FLAVORED

Nutrition Facts

Approx. 2 servings per container

Serving Size

8 fl oz (240ml)

Calories

Per serving
110

Per carton
230

		%DV*		%DV*
Total Fat	3g	4%	6g	8%
Saturated Fat	1.5g	6%	2.5g	13%
Trans Fat	0g		0g	
Cholesterol	0mg	0%	0mg	0%
Sodium	200mg	9%	420mg	18%
Total Carbohydrate	3g	1%	6g	2%
Dietary Fiber	<1g	2%	1g	4%
Total Sugars	0g		0g	
Includes Added Sugars	0g	0%	0g	0%
Protein	19g	38%	40g	80%
Vitamin D	0mcg	0%	0mcg	0%
Calcium	10mg	0%	20mg	2%
Iron	0.8mg	4%	1.7mg	10%
Potassium	290mg	6%	600mg	15%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Water, Protein Blend (Beef Protein Isolate, Pea Protein, Brown Rice Protein, Egg White Protein), Maltodextrin, Sunflower Oil, Natural and Artificial Flavors, Medium Chain Triglycerides, DiPotassium Phosphate, Sunflower Lecithin, Inulin, Gum Blend (Cellulose Gum, Gellan Gum, Locust Bean Gum), Alkalized Cocoa Powder, Sea Salt, Acesulfame Potassium, Sucralose.

Contains Egg, Milk.

DISTRIBUTED BY: REDCON1, LLC
701 PARK OF COMMERCE BLVD., BOCA RATON, FL 33487
TEL: 1(855) 733-2661 REDCON1.COM

NOTICE: NOT A LOW-CALORIE FOOD.
USE THIS PRODUCT AS A FOOD SUPPLEMENT ONLY.
DO NOT USE FOR WEIGHT REDUCTION.