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MegaFood®
From Farm to Tablet®

Magnesium

An essential mineral
for muscle relaxation†

60 TABLETS / 60 SERVINGS

DIETARY SUPPLEMENT



Suggested Use: Adults take 1 tablet daily with a beverage.
May be taken any time of day, even on an empty stomach.

Supplement Facts

Serving size 1 tablet

Servings per container 60

Amount per serving

% DV

Magnesium
(as fermented magnesium bisglycinate) 50 mg 12%

*Organic spinach 50 mg **

** % Daily Value (DV) not established

Other Ingredients: Ferment media (organic brown rice, rice protein, autolyzed yeast extract, yeast [inactive]), microcrystalline cellulose, stearic acid, hypromellose, silicon dioxide.

MegaFood Magnesium helps support a healthy heart, the nervous system, and muscle relaxation.†

Satisfaction guaranteed or your money back.

† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Keep out of reach of children. Store tightly sealed in a cool place and avoid exposure to moisture. Once open, consume within three months.



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Best By:

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