

DIRECTIONS: Add two scoops to 12 oz of chilled water in a shaker cup or blender and mix for about 5 seconds. Store in a cool, dry place and away from direct light. Keep out of reach of children.

CONTAINS NO: sugar, dairy, wheat, gluten, eggs, peanuts, soy, tree nuts, fish, shellfish, preservatives, artificial colors or flavors.

NOTE: This product is sold by weight not volume. Settling of the contents may occur during shipping.

Supplement Facts		
Serving Size: 2 Scoops (45 grams) Servings Per Container: 20		
	Amount Per Serving	% Daily Value*
Calories	200	
Calories from Fat	80	
Total Fat	7g	11%
Saturated Fat	1g	<1%
Cholesterol	0g	0%
Sodium	320mg	13%
Potassium	260mg	1%
Total Carbohydrate	17g	6%
Dietary Fiber	6g	24%
Sugars	<1g	*
Protein	18g	34%
Vitamin A	5%	130%
Calcium	2%	2%
Vitamin D	85%	85%
Thiamin	480%	550%
Niacin	80%	610%
Folic Acid	90%	30%
Biotin	20%	170%
Phosphorus	26%	9%
Magnesium	2%	**
Selenium	26%	2%
Chromium	2%	
PlantFusion™ Multi-Source Protein Blend: 19,595mg †		
Pea, Artichoke, Organic Sprouted Amaranth, Organic Sprouted Quinoa, Algalin and a proprietary amino acid blend of Leucine, Isoleucine, Valine, Glutamine and Glycine		
Organic SuperPhood Energy Matrix: 10,575mg †		
1) ModCarb™ (Organic Oat Bran, Organic Amaranth, Organic Quinoa, Organic Buckwheat, Organic Millet, and Organic Chia), and Baobab Fruit		
Land & Sea EFA Blend: 5,187mg †		
(Flax, Algalin, and Sunflower providing 4,400mg of Omega 3-6-9)		
Whole Food Multi Vitamin/Mineral with Greens Complex: 411mg †		
2) (Organic Blend of Guava, Lemon, Sesbania, Amla, Holy Basil, Annatto) and (Sprouted Broccoli, Watercress, Dailon Radish, Kale, Mustard, Red Clover, and Cauliflower)		
Probiotic, Digestive Enzyme Blend Complex: LactoSpore® probiotics 109mg †		
(Lactobacillus sporogenes and Bacillus coagulans, 1 Billion potency), Alpha galactosidase, and Bromelain		
* Percent daily values are based on a 2,000 calorie diet		
† Daily Value not established		
** Contains less than 2% of the Daily Value for this nutrient		

Other Ingredients: Inulin, Cocoa, Stevia, Erythritol, Natural Chocolate Flavor, Natural Caramel Flavor, Silica, Vitamin D3 (Cholecalciferol), Lo Han Guo and Xanthan Gum

1) ModCarb™ is a trademark of VDF FutureCeuticals, Inc.
2) Organ-Brands™ is a trademark of Organetics, Inc.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

UNDERSTANDING THE SUPPLEMENT "FACTS"

Organic SuperPhood Energy Matrix

ModCarb™ - patented blend of complex carbs from organic ancient grains. Nature's perfect sustained energy source. And the super fruit "Baobab", an incredible energy food harvested from Africa's prolific "Tree of Life"

Wholefood Vitamin/Mineral w/Greens Complex

100% of our vitamins & minerals are sourced from organic plants. No chemically-isolated vitamins added. Includes a unique blend of organic cruciferous greens to support antioxidant nutrition, heart health, and glucose balance.***

PlantFusion™ Multi-Source Protein Blend

Five uniquely balanced protein sources with enhanced levels of key branched chain amino acids and glutamine

Land & Sea EFA Blend

More than just Omega-3s. Our complex blend of flax, algalin, and sunflower is also rich in naturally-occurring phytonutrients like lutein, zeaxanthin, and tocotrienols.

Probiotic, Digestive Enzyme Blend Lactospore™

Shown in scientific studies to maintain stability & potency longer than other probiotics. Plus, natural enzymes to aid in digestion.***

PlantFusion
nature's most complete plant protein

100% PLANT-BASED
WHOLE FOOD
MEAL SHAKE

Phood

The Everything Shake

Plant-Based Protein 18g

Whole Food Vitamins 21

Complex Carbs 17g

Probiotics, Greens & Fiber 6g

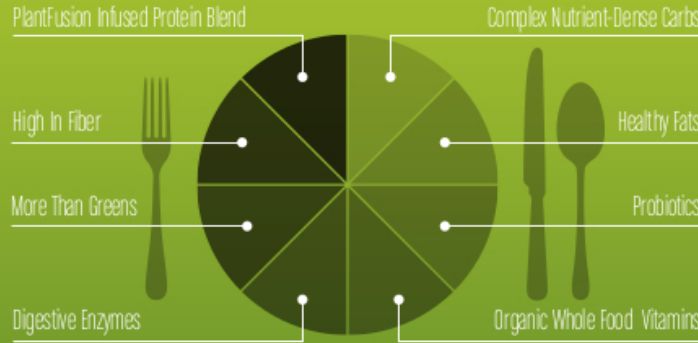
Omega 3-6-9 44g

If you could only take one supplement, what would it contain?

- Balanced complete proteins
- Complex nutrient-dense carbs
- Essential fats rich in omega 3's
- Organic wholefood sources of vitamins and minerals
- Probiotics, enzymes, fiber, and a powerful phytonutrient blend of greens

And let's also make it entirely from **raw plant-based** ingredients, free of major allergens, and completely non-GMO. ***This is Phood!***

MORE THAN A MEAL IN EVERY SCOOP



Nature Provides Human Beings With Everything Necessary to Flourish. We Bring it All Together Into One Simple, Easy, Delicious Shake.

Make a quick shake | Add to smoothies | Mix into your foods



PlantFusion
nature's most complete plant protein

800.519.6266

plantfusion.net



SP92/93



The Everything Shake

Phood