



Tongkat Ali ***(Longjack)*** ***Powder***



Net Wt
1 lb (454 g)

Tongkat Ali, also known as pasak bumi or long jack, is a root traditionally used in Southeast Asia to support healthy vitality levels. Other reported effects may possibly include supporting healthy muscle mass, encouraging a healthy immune system response and supporting mental clarity. Both men and women can experience the remarkable nutritional benefits of this amazing herb.

Suggested Use:

The traditional preparation is to infuse 1 tablespoon into a tea. You may also mix 1 tablespoon with juice, yogurt or add to your favorite smoothie.

Distributed by:

Z Natural Foods
5407 N Haverhill Rd Ste 336
West Palm Beach, FL 33407

www.ZNaturalFoods.com

Origin:
Packaged with Care in Florida, USA

Lot #
Best Before:



Supplement Facts

Serving Size 1 tbsp (7 g)
Servings Per Container 64

Amount Per Serving

Calories 0 **Calories from Fat 0**

% Daily Value*

Tongkat Ali Root 7000mg **

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

** Daily Value not established.

Ingredients:

Tongkat Ali Root Powder
(Eurycoma Longifolia)

California Prop 65 **WARNING:** Cancer and Reproductive Harm - www.P65Warnings.ca.gov/food